

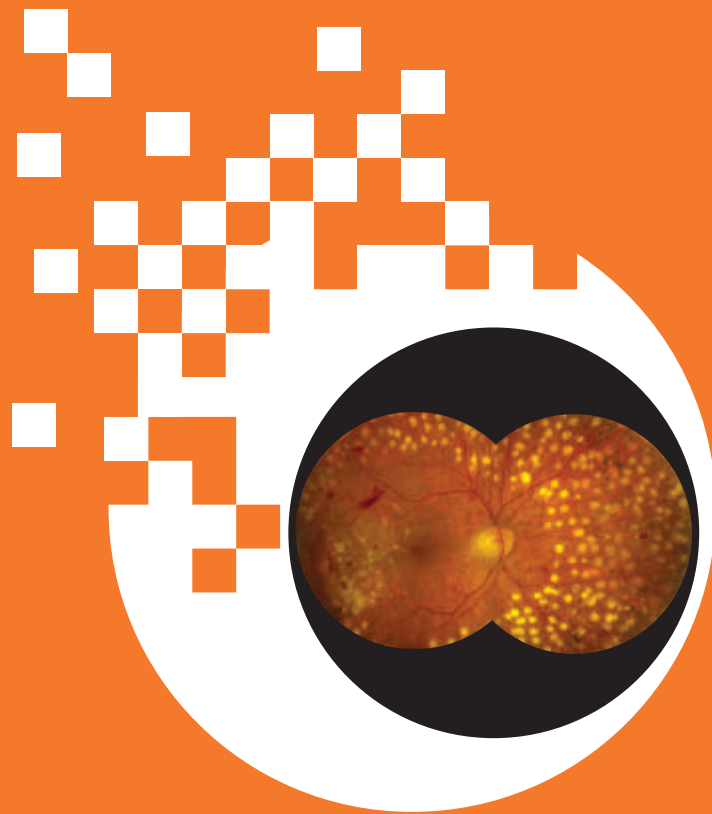


*Sight for All*

# ANNUAL REPORT

2013-14

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## DIABETIC RETINOPATHY

A SILENT EYE SIGHT KILLER



*Sight for All*



## DIABETIC RETINOPATHY



NORMAL VISION



DIABETIC RETINOPATHY - BLURRED VISION

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## NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA

### ALL IS NOT LOST

**A** few stark and hard hitting statistics first. Are you a diabetic? If you are, you are amongst the 200 million people worldwide who form part of this Group. India has over 48 million diabetics, the highest number of diabetics that any country in the world has. The figure is alarmingly rising. Diabetes affects your vision, amongst other organs of your body. For every 100 people who are diabetics, there are 5 people who are exposed to the risks of Diabetic Retinopathy. Due to lack of machinery and statistics, it is difficult to report the estimated number of diabetics in rural India, therefore the figure of estimated diabetics in India may be even more than 48 million. It is estimated by the World Health Organisation that we will have more than 366 million diabetics worldwide in another 15 years. And the worst part is that 75% of the people who are diabetics carry the risk of vision impairment, often irreversible, due to Diabetic Retinopathy. That is why Diabetic Retinopathy is classified as a silent epidemic.

**D**o improved per capita incomes and laid back regressive health styles take their toll? Probably yes. Diabetic Retinopathy strikes your vision without a warning, and most often the strikes are so lethal, that the vision loss or impairment becomes irreversible. Diabetic Retinopathy strikes silently, most often without any tell tale symptoms in the early stages. Therefore a large number of people who have Diabetic Retinopathy remain undetected and in most cases it is only when the damage is considerable and vision loss starts affecting your daily life and routine, that you begin to realise the impact of the malaise. It is then that you visit your Ophthalmologist who softly breaks the news that your vision impairment is due to Diabetic Retinopathy and explains that it is not possible to repair the vision loss, but conveys that all is not lost, he will try to stem the root and arrest further vision loss. There are millions of stories of people from all over the world who say that they were totally unaware that Diabetic Retinopathy has attacked them. It spreads its tentacles, devastating one's vision in a slow manner. Many of them react with utter shock and disbelief.

**L**et us first understand what is Diabetic Retinopathy, from a common man's point of view. Diabetic Retinopathy causes vision impairment in a person who is a diabetic. Diabetes, as we know, is a chronic disease when the insulin hormone is not produced in sufficient quantity by the Pancreas, or due to various reasons, the human body is not able to effectively use the insulin produced. Diabetes attacks the eyes, which is one of the smaller organs but most complicated in the body. The small web of blood vessels inside the eye, particularly in the retina area, slowly becomes the first prey to diabetes. It weakens the blood vessels gradually and over the years, the blood vessels become so weak that they swell and often burst, leaking the blood that they carry into the vitreous area, thereby damaging the retina and clouding the fluids inside the eye. All this blurs your vision and you will see small cotton ball like clouds in the images. Routine activities like watching a film or TV, reading, driving or simply attending meetings becomes a difficult task, and often irritating.

**T**hough there is a growing awareness of the vision impairment due to diabetes, India has a far way to go to address the humungous issue. India is a vast country with a very significant population living in rural areas, bereft to proper diagnosis of diabetes, Diabetic Retinopathy and proper ophthalmic care. According to estimates, India has about 12000 qualified ophthalmologists, but of these only 7 per cent are trained to diagnose, treat and manage cases of Diabetic Retinopathy. Since Diabetic Retinopathy is now racing to become the second largest cause of vision impairment in India after cataract, there is a large wide yawning gap between the available medical resources, specialists who could properly diagnose and treat Diabetic Retinopathy and demographic spread of patients that need their services. The Government, NGO's like NSPB-India, large reputed Ophthalmic Centers across the country like the R P Center at AIIMS, Sankara Netralaya, Aravind, LV Prasad and many others like them need to put down a workable delivery mechanism to tackle this huge gap in service



delivery, care and advocacy. The challenge that needs to be addressed is to reach the Diabetic Retinopathy patients in remote rural areas, bring about an awareness and give them the access to basic screening, diagnosis and opportunity to get treated in the nearest ophthalmic centre. Lot of work is being done by dedicated community ophthalmology workers under the Vision 2020 program and millions of hopes are pinned on the successful delivery and implementation of the program. India needs a unique model to deal with the problem through “an out of the box” solution model which is the key to the Prevention of Blindness due to Diabetic Retinopathy.

Ophthalmologists agree that early diagnosis is the single most factor in the Prevention of Blindness due to Diabetic Retinopathy. With several advocacy programs sponsored by the Government and NGOs, there is undoubtedly an increased awareness of Diabetic Retinopathy in urban areas. Patients in urban areas have comparatively easy access to facilities for diagnosis and management of Diabetic Retinopathy. In contrast, our unfortunate brothers and sisters living in remote, backward and rural areas face the wrath of the disease. They have little awareness of diabetes and Diabetic Retinopathy and the crippling impact that it can have on their vision. There is hardly any advocacy in these areas. Surveys in these areas bring out the stark reality in their lives. These people are not even aware of their diabetic problems, leave alone Diabetic Retinopathy and its blinding effects. They resign to fate and lead a life of a visually challenged person for the remaining years of the life. They become unproductive and are a drain on the resources of their family. Basic screening of these patients for diabetes and consequent Diabetic Retinopathy is the key to effective addressing of the problem at the initial levels. In most cases, the loss of vision could have been prevented if they had an access to a simple Diabetic Retinopathy screening program. Thanks to technology, it has become very easy and cost effective to detect diabetes. Technology has also helped in providing low cost screening and diagnostics equipments to detect if there is any effect of diabetes to their vision and eyes. A cost effective kit for detecting diabetes and a basic eye examination kit at the Primary Health Center (PHC) would not cost more than

Rs.40,000.00. These kits could help in screening and diagnosing a patient with Diabetic Retinopathy, and if there are positive indications, these patients could be referred to a specialist. The equipments in the kit could be operated by a general Physician or a qualified Optometrist with just a few hours of training. With rapidly growing Information Technology in imaging and transmission it has become relatively easy to transmit through tele ophthalmology, images of Diabetic Retinopathy patients from PHC to Specialist Hospitals for advice and treatment. Volunteers are needed for the advocacy programs in the Primary Health Centers in the rural areas to motivate the patients to get their eyes screened and facilitate further treatment if required.

If you are a diabetic, a simple evaluation by a qualified ophthalmologist is enough for a basic diagnosis if Diabetic Retinopathy has made its effect. Fortunately Ophthalmologists in India working in several good Community Ophthalmology Centers have all the expertise, technique and the technology to diagnose and manage the effects of vision impairment due to Diabetic Retinopathy. They may not be able to reverse the effect of Diabetic Retinopathy in your eyes in most cases, but they can certainly arrest any further damage to your vision and find proven clinical methods to manage the disease. Large scale research is going on worldwide and the results are trickling in. Advanced research on the use of stem cell technology is being pursued by ophthalmologists and biologists across the world with encouraging results. We hope to reap the benefits of their research soon and prevent any blindness due to Diabetic Retinopathy.

Any person as soon as he or she is aware that he has become diabetic should make it a point to get his eyes checked every year till 40, and two times a year after that. If you are a Diabetic, the slightest symptom in change of vision or any slight impairment in vision should ring an alarm and one should immediately seek the assessment of a qualified ophthalmologist. Technology can easily help identify and arrest the spread of the disease and new techniques and medicines can help management of the problems and save your vision. But you have to take the first step.

**Shashi Kumar Nair**  
Secretary General, NSPB-India



# NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA

## ANNUAL REPORT 2013-2014

It is my privilege to present the Annual Report of NSPB-India for the year 2013-2014. You are well aware that NSPB-I is a “Not for Profit” voluntary organization dedicated to the great cause of prevention of blindness with its more than 60 State and District branches throughout India as well as with its two eye hospitals for more than five decades.

The National Society for the Prevention of Blindness-India was formed on the basis of resolution of the National Association for the Blind in 1959. Late Dr. Mohan Lal who is still remembered as an eminent social worker and eye specialist was entrusted with the task of forming the Society and he along with his colleagues framed its first Constitution of the Society. The Society was registered on 24th August, 1960 under the Societies Registration Act, 1860. Late Rajkumari Amrit Kaur, the then Union Health Minister was elected as its first President and Late Dr. S.N.Mitter, the eminent and respected eye surgeon, its first Honorary Secretary.

The Society immediately went into action and started negotiating with the Govt. of India, All India Institute of Medical Sciences and the USAID authorities for launching a collaborative research project with the allocation of PL 480 funds. In June, Smt. Sushila Nayar the then Union Health Minister, became its President on the sad demise of Rajkumari Amrit Kaur. In 1965 Prof. L.P. Agarwal took over as the Honorary Secretary from Dr. S.N. Mitter.

The Society is registered under section 12A and 80G of the Income Tax Act. It is also registered to receive donations from overseas under FCRA.

The objectives of the Society are:-

- To take measures and engage in community service activities, which shall lead to the control or elimination of the causes of blindness;
- To disseminate correct knowledge concerning eye health care;
- To publish studies, reports, periodicals and other literature relating to eye health and prevention of blindness;

- To endeavour, through research and investigation, to ascertain the causes, direct or indirect, which lead to blindness or impaired vision;
- To conduct experiments and research in making and fitting glasses, contact lenses, low vision aids and other optical devices for the treatment of impairment and/or for the improvement of sight;
- To take such actions as are incidental to or conducive to the attainment of the objectives of the Society including collection of funds, receiving grants, acquiring property-mobile or immobile.
- To restore vision-Gift of Sight on all cases where vision can be restored.
- To encourage and motivate persons engaged in Community Ophthalmology and award recognition systems.
- To undertake “Community Based Rehabilitation Projects” to provide curative services for the treatable and rehabilitation for the visually impaired/ blind.
- NSPB organizes public lectures, workshops, seminars symposia etc. on various aspects of ophthalmology especially in the field of prevention of blindness.

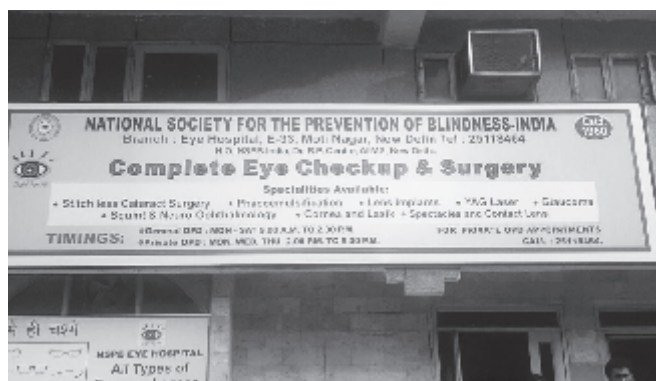


## OCULAR MORBIDITY WORK BY UNITS & BRANCHES

**ACTIVITY REPORT- April 01, 2013 To March 31, 2014**

PARTICULARS	
School Visual Health Screening Program	
Number of Schools Surveyed	291
Number of Students Screened	36289
Students found with Defective Vision	1743
Out-Reach Community Services	
Number of Eye Camps	87
Number of Patients Examined	323558
Number of Operations Performed	3882
Hospital & Research Centre Activities	
Number of Patients Examined in OPD	100649
Number of Refractions	5842
Number of Operations Performed	9746

## NSPB-INDIA HOSPITALS



The Society runs two Eye Hospitals directly under its control to provide the “Gift of Sight” to as many beneficiaries as possible. The hospitals undertake quality eye care services at the hospital and as well as at doorstep of the patients.

### **NSPB EYE HOSPITAL, MOTI NAGAR, NEW DELHI**

The Hospital was donated to the Society in 1976 by Smt.Raj Kaur Batra. A Regular eye clinic was being run in

that building from 1976, society has been running an eye hospital since 15.8.1990 (with surgeries and other facilities).Its mission is to provide quality eye care services and it works towards prevention of blindness and restore the 'Gift of Sight' especially among urban populace. The hospital provides quality eye care services at reasonable costs to all sections of society especially the deprived, under-privileged and economically backward sections. It provides medical & surgical eye care services and other related support services, all



under one roof in the urban area of West Delhi.

The hospital has grown steadily over the years and is fulfilling the need for affordable eye care facility in the urban area.

**STATEMENT OF ACTIVITY FOR THE YEAR 2013-2014**

HOSPITAL	
Total Patients	6472
New Patients	3497
Follow-Up Patients	2975
Private OPD	30
Refraction	2153
Refraction (Free)	83
Minor Procedures	198
Major Procedures (Paid)	92

**NSPB RAISON EYE HOSPITAL, RAISON, DIST. KULLU (HP)**

The medical facilities in the hilly areas are usually under-developed and inadequate due to the difficult terrain and other problems. It is our endeavour to reach out to such places where the plight of the poor needs urgent attention.

The hospital is an icon for delivery of eye care services in the region. The patients are provided indoor facilities in tune with their customs and practices.

**STATEMENT OF ACTIVITY FOR THE YEAR 2013-2014**

No. of patients screened	3234
Refractions	720
No. of Mega Surgical Eye Camps	2
No. of follow-up camps / Weekly Camps	6
No. of Operations	285

**OPTICAL RESEARCH UNIT (ORU)**

Society runs a workshop where spectacles prescribed by ophthalmologists of Dr. R. P. Centre are being prepared and supplied to the patients at reasonable rates. It is also a training Centre for B.Sc. (Hons.) students of R. P.

Centre in grinding and fitting of ophthalmic glasses. The Employees State Insurance Scheme has also been getting spectacles for its ensured patients from this unit at subsidized rates. Slum area patients identified under the project launched by Dr. R. P. Centre, Community Ophthalmology Unit are also provided spectacles at subsidized prices. Society also has a sale counter at NSPB Eye Hospital, Moti Nagar, New Delhi. The performance of these units is as under:

**ACTIVITY REPORT- April 01, 2013 to March 31, 2014**

PARTICULARS	
i. Total No. of Orders Booked	31050
ii. No. of Students Trained	21

**CONTACT LENS RESEARCH UNIT (CLRU)**

NSPB-India runs a Contact Lens Research Unit to provide lenses to patients, whose weakening of vision is due to corneal irregularity, anisometropia, corneal vascularity etc. can be better treated with contact lenses. The unit has been manufacturing various types of lenses, especially those for cases of Keratoconus. They are supplied to those patients who visit the Centre or are referred by outside as well. Besides this, the unit also provides training to the Contact Lens Technicians for dispensing of lenses and to the B.Sc. (Hons) students of Dr. R. P. Centre. During the year under report, the performance of the unit is:

**ACTIVITY REPORT-April 01, 2013 to March 31, 2014**

PARTICULARS	
<b>Contact Lenses</b>	
No. of Students Trained	24
No. of Patients Treated	3775
No. of Orders booked	1082
<b>Low Vision Aids</b>	
Total Numbers	60



## COMMUNITY OUT-REACH EYE CARE SERVICES AT A GLANCE



### **Eye Camp at Raison Eye Hospital, May 2013**

The success of the previous eye camps was very much evident with the response on the very first day at the camp. The camp which was held by Dr. Rajiv Mohan and his team was very well received by the local people.

Over 911 patients were examined in the camp and 143 patients were operated upon. All patients had satisfactory stay at the hospital and all the operations were successful.

### **Eye Camp at Raison Eye Hospital, September 2013**

Over 806 patients were examined. Of these 142 patients underwent surgical treatment. All patients had an uneventful stay at the hospital and all the operations were successful.

### **Weekly Programs, Raison Eye Hospital, Dist. Kullu (HP)**

A Weekly Program was started at Raison Eye Hospital, Raison, Dist. Kullu (HP) to provide more regular services at the hospital. The program was started as a self-sustaining program. The response to the effort was voluminous and very encouraging. Reasonable charges were taken from the patients for various services provided. It was organised in the months of April, June, July, August, October and November every year. A total of 2337 patients were examined in the OPD and 64 major operations were undertaken during the year.

### **Vodafone Eye Survey of Old Age Home of Noida**



As part of its Community Ophthalmic initiative, NSPB-India in collaboration with Vodafone Foundation organized a free eye camp at Jan Kalyan Trust Old Age Home, Noida (UP) on 21.5.2013. The eye camp was primarily meant for the old inmates of the home and offered them service at their doorstep. In this camp 44 patients were screened. Out of them 2 were required surgeries. The camp was attended by NSPB Team consisting of Dr. Rajesh Vaish, Mr. S.K. Nair &

Mr. R.S. Negi and other supporting staff. The experience of the camp was very quite satisfactory. Patients who were prescribed refraction were advised to visit NSPB's ORU at R.P. Centre, AIIMS and NSPB's Eye Hospital Moti Nagar, New Delhi for spectacles at lower cost. During the camp NSPB-India has also offered free/subsidized surgery for those patients who needed surgeries and other procedures.





### School Screening Eye Camp

The eye screening survey of the children of two schools viz. Amrita Vidyalayam, Saket New Delhi and Maharaja Agarsen, Pitampura Delhi was done from July 30-August 24, 2013. A team of NSPB-I consisting of doctors, optometrists and paramedics visited the schools for screening the students, teachers and other staff. During survey total number of students screened were 3300 out of which 525 students were found with refractive error.



### Painting Competition on Eye

In order to promote the cause of prevention of blindness and to bring awareness among the children on the importance of vision and eye sight, National Society for the Prevention of Blindness-India in association with Amrita Vidyalayam school organized a painting competition in Amrita Vidyalayam School, Pushp Vihar, Saket, New Delhi as a part of raising awareness amongst students about blindness. Out of the 850 students who participated in the competition, 18 were declared winners in three categories. Bose Krishnamachari internationally acclaimed artist and painter and art promoter Renu Modi gave away the NSPB-sponsored prizes based on decisions by a jury comprising international artists such as Anoli Perera and community ophthalmologists.

This event was part of the advocacy program of NSPB-India to educate children on the importance of the eyes, vision and how to take care of one's vision.



### Eye Camp at Moti Nagar, New Delhi

A free eye checkup camp was organized at NSPB Eye Hospital, Moti Nagar, New Delhi on 20th December, 2013. The entire Hospital team worked hard to make the camp successful.

In the camp 133 patients were checked and 9 operations were done. The patients with eye ailments were advised for further treatment and medicines were given. The patients were satisfied with the services provided by the doctors and staff of the hospital.

**1 - 3 - 5**

“Remember parents, your child needs to have an eye exam before age 1, at age 3 and at age 5. Ensure your child has the best possible vision for the critical learning years.”



## HONORING OF LATE PADMA BHUSHAN DR. (PROF.) HARI MOHAN



The Executive Committee offered condolence, prayer and homage to Late Padma Bhushan Dr.(Prof.) Hari Mohan who was our member, guide and an eminent ophthalmologist of the country.

Dr. (Prof.) Hari Mohan, Hony. Ophthalmic Surgeon to the President of India left for his heavenly abode on Wednesday, 27th March, 2013 at Sir Ganga Ram Hospital, New Delhi.

Eulogy in memory and honour of Late Padma Bhushan Dr.(Prof.) Hari Mohan, was read by the Executive President, NSPB-India in the Meeting. A copy of the resolution adopted in the Executive Committee on 6.4.2013 in honour of late Padma Bhushan Dr.(Prof.) Hari Mohan was handed over in the meeting to his son Dr. Rajiv Mohan. Dr. Rajiv Mohan accepted the same graciously and acknowledged the initiative of NSPB-India.

## XXXXVI ANNUAL GENERAL BODY MEETING



46th Annual General Body Meeting of NSPB-India was held on Sunday, December 15, 2013 in Sant Parmanand Hospital Auditorium, 21 Sham Nath Marg, Delhi. The Executive President Dr. B.S. Sharma was in the chair.

Dr. B.S. Sharma welcomed the members present in the Annual General Body Meeting. He expressed his sincere thanks and gratitude to the members of Executive

Committee, Governing Council and General Body for extending their full cooperation, response and encouragement which made the NSPB-India to achieve its target. He also welcomed the Members from Mechada District Branch, West Bengal to come and attend the Annual General Body Meeting to grace the occasion.

The Executive President informed the members that the following two Research Projects will be carried out in NSPB Raison Eye Hospital under the aegis of Dr. Rajiv Mohan, Chairman, REHMB.

Two research Projects :- (i) To study the occurrence and incidence of various eye diseases in "High Altitude" under the Research/CME activities. This Research Project will be carried out in NSPB Raison eye hospital under the aegis of Dr. Rajiv Mohan, Chairman, REHMB. NSPB Hqr. and Mohan Eye Institute, New Delhi would fund the research project to the extent of Rs.1, 00,000/- and Rs.25, 000/- respectively.

(ii)The other Research/CME activities “Management of Diabetic Eye Disease in slum areas and the surrounding villages of Motinagar, Delhi” -Under this Project slum areas and surrounding villages of Motinagar would be surveyed and research findings will be published. As it requires lot of survey & research work, an ophthalmologist would oversee this study whose salary and emoluments would be funded by donation.

The Raison Eye Hospital now has been recognized as one of the best ophthalmology facility hospitals in the region after it has acquired and commissioned state of the art medical equipment. There is no hospital of the level of Raison Eye Hospital on a radius of 100 kms. In the second phase the Hospital will focus on Medical Retina area. A Project valued at Rs. 25-30 lacs was approved under the New Projects plan for which a separate building would be constructed. NSPB-India is seeking funds for this project.

Secretary General Mr. S.K. Nair welcomed the members who attended the General Body Meeting. He placed on records his sincere gratitude and thanks to all philanthropists who supported NSPB-India to achieve its objectives, particularly he mentioned the name of Ms. Kanta Sharma, retired professor, w/o Dr. B.S.Sharma, Executive President, NSPB-India for generously donating for treatment of poor patients.

Secretary General apprised the members that NSPB-India had organised an impact feature of advocacy programme by doing the eye screening survey for the children of schools and more than 5000 students already have been benefitted. NSPB-India is hopeful that this would provide good results.

It was informed that the Karkardooma Hospital project is now almost complete. The NSPB-India would start functioning in phases and lacs of people would be benefitted by this Hospital.

### SPECIAL CAMPAIGNS:

**Prevention of Blindness Week (April 1-7):** The Society takes up every year a specific theme connected with eye health care to bring it to focus on all India level, through observance of its annual “**prevention of blindness week**” from April 1-7. During the year under report, the theme was “**Get your eyes tested**”.

The headquarters sent suggestions/guidelines for observance of the Week and background material to its branches, AIR, T.V., Centre and State Directorates of Health Services with the request to celebrate the week in their area in order to create awareness among public. The State and District branches also observed the week enthusiastically by organizing various programmes, as per the reports published in this report.

**National Eye Donation Fortnight (August 25-September 8):** This is an extended activity of the Society being observed by the Society jointly with Directorates of Health Services and other agencies from August 25-September 8 every year. The Society's branches were also requested to celebrate it in their respective regions. The guiding philosophy behind the campaign is not only to bring about an awareness among the general masses to pledge and donate their eyes after death but also to let them know how this can help a visually challenged person transform his life through his gift of sight. The report from branches is summed up in this report.



They also wish to see the BEAUTIFUL WORLD.  
You can make a Difference.  
- Donate Eyes



## THANK YOU FOR YOUR SUPPORT

I would like to very heartily acknowledge the help, support, guidance, cooperation and day-to-day assistance of my esteemed Executive President, Vice-President, Joint Secretary, Treasurer and members of the Governing Council, Chairmen and members of various sub-committees and members of the Society given to me in great measure to help me in discharging my responsibilities as Secretary General.

The Society is deeply indebted to H.E. The President of India, Hon'ble Vice-President of India, Hon'ble Prime Minister of India, Hon'ble Minister of Health and Family welfare, Secretaries and other dignitaries of the Govt. of India and State Govts. for their blessings and good wishes conveyed from time to time, to encourage the Society.

The Society is grateful to the Director, AIIMS and Chief Dr. Rajendra Prasad Centre for Ophthalmic Sciences, faculty and staff of these institutes for their cooperation and providing various facilities as and when required.

I would like to place on record my hearty and deep appreciation of the valuable assistance and cooperation received by the Society from various officers of the Ministry of Health & Family Welfare, Directorate General of Health Services for its various activities in furtherance of its aims and objectives.

The Society could not have made such achievements in creating awareness in the masses without active support of the media, electronic and print, AIR, T.V. and various newspapers. All of them deserve my gratitude for their support. I am specially grateful to Ministry of Information and Broadcasting for all this as well.

The Society is highly grateful to all the donors for their donations to the Society's various units especially M/s Stock Holding Corporation of India Ltd. Foundation, New Delhi, Life Insurance Corporation of India and M/s Appasamy Associates for the construction of the hospital at Karkardooma in East Delhi.

I would like to gratefully acknowledge the help and support, both moral and financial and the cooperation for the eye camps at our Raison Eye Hospital, Raison, Kullu (HP) from District authority especially from Deputy Commissioner, Chief Medical Officer and District Programme Manager, District Blindness Control Society, Kullu (HP).

I offer my gratitude to my colleagues in different States and District branches and other organizations working in the field of eye health and prevention of blindness for their kind cooperation in implementing the Society's programme in their respective region.

I express my extreme gratitude to the entire NSPB-India team for their selfless work, untiring cooperation, hard work and support in helping NSPB-India to give the Gift of Sight to thousands of our brothers and sisters.

I would like to thank all those whose services, I might have missed to acknowledge.

Sd/-  
**Shashi Kumar Nair**  
Secretary General

“With 7.8 million blind people in India, the country accounts for 20 per cent of the 39 million blind population across the globe, of which 62 per cent are on account of cataract, 19.7 per cent refractive error, 5.8 per cent glaucoma and 1 per cent corneal blindness. Experts set among the causes of blindness, many were curable if proper detection was done in time.”





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## FROM OUR BRANCHES

### MADHYA PRADESH STATE BRANCH (GWALIOR)

**Achievements :** The State Branch organized 16 Eye Camps during the year under report. In these camps 13926 persons were checked in OPD. Out of them 2037 operations were done.

**School Survey :** During the year 28 Schools were examined. Wherein 3290 students were eye screened. Out of them 297 students were found with refractive errors.

#### Health Education :

- World Sight Day – On this occasion handbills regarding Eye ailments and ocular hygiene were distributed.
- During the festivals of Dussehra, Diwali and Holi handbills regarding prevention of eye injuries were distributed among the masses.
- During annual Gwalior Mela handbills about common eye diseases were distributed.

**Prevention of Blindness Week :** This year the theme of the prevention of blindness week was “ Get your Eyes Tested”. The State Branch distributed pamphlets about the theme selected by the headquarters.

**Eye Donation fortnight :** Keeping in view the importance of “Eye Donation”, pamphlets about eye donation were distributed.

**Special Activity :** Like previous year calendars for the year 2014 were printed and distributed among the public and other agencies engaged in the work of Prevention of Blindness. The Calender carries messages regarding Eye Health.

**Community Eye Survey :** During the year 5654 persons were eye checked. Out of them 90 persons were found suffering with cataracts and 139 persons had refractive errors.

**Regular Eye-checkup :** The State Branch runs a regular Free Eye Check up clinic on every Sunday at Laxmi Bai Colony, Gwalior.

#### “World Glaucoma Day” and “World Diabetic Day”.

During both the important occasion various activities about Glaucoma and Diabetes were organized in important public places.

**Annual Conference :** State Branch organized its Annual Conference at Guna (Gwalior) on 8th Sept.,2013. The conference was attended by 150 participants.

- Shri Adarsh Kumar Jain, Distt. Judge, Guna inaugurated the conference.
- Prof. R.K. Mishra of Jabalpur was awarded Life Time Achievements Award.
- Dr. V.A. Joshi of Bhopal gave Dr Kumud Joshi Memorial Oration.
- Mr. Anurudh Singh Sengar of Guna was presented with Best Worker Award.
- Gwalior District Branch was awarded as Best District Branch.
- Dr. B. Shukla delivered a talk on “anatomy and Function of Eye and Glaucoma.
- Prof. Parwej Siddique spoke about Cataract, Refractive Error and Diabetic Retinopathy.
- Dr. R.K. Mishra gave a talk on “Eye Donation”.
- The representatives of Rotary Club and Lions Club, Guna also participated in the deliberations.
- Mr. M.K. Tiwari, Secretary NSPB MP. State Branch presented Annual Report. Dr. P.Dutta, President explained the activities of the National Society for the Prevention of Blindness.
- Regular “News letter” of the State Branch was published and distributed amongst the branch members.





### H.P. STATE BRANCH AT PALAMPUR, Distt Kangra (H.P.)

There are three Rotary Eye Hospitals. The activities of these hospitals is as under :

**MARANDA :** During the year 2013 the Registration of the patients was 82913. Out of them 6930 patients were operated with IOL. The patients with other eye ailments checked were 1643. 331 received R.D. Surgery. The total was 8904 patients.

**PARAGPUR :** 558 patients were eye operated with IOL. The number of other patients was 115. Totalling 568 patients.

**DHUSSARA :** 1271 were eye operated with IOL. The others patients were 128. Totalling 1400 patients.

**Surgical Eye Camps :** 12 Eye Camps were held in remote and tribal areas. The OPD in these camps was 7279. Out of them 825 patients were operated.

### Panchmahal Distt. Branch at Godhra (Gujarat)

#### Achievements :

**School Screening :** During the year 7th standard students of all the Govt. & Non Govt. schools were screened and spectacles were given to the needy students, 49 schools were surveyed wherein 2723 children were screened. Out of them 203 glasses were prescribed.

**Village School Clinics :** Besides the above, students of 6th – 8th standard and 9th – 10th standards of Godhra Schools were checked for any vision problems. 175 School were surveyed and 15688 students were examined. Among them 286 students were provided eye glasses.

**Diagnostic Camps :** This year 7 diagnostic camps were held 2 in Godhra City and 5 in rural areas. In this camp following services were provided:

- Examination of patients was done and proper advice was given
- Refraction was done and medicine was given
- Free glasses were given to the needy patients

Before starting the camp talks were given about the causes, prevention and treatment of blindness.

In these camps 829 patients were attended and refraction of 829 patients was done and 134 patients were advised for Cataract Operation.

**Diabetic Retinal Check-up Camp :** India is considered diabetic Capital of the World, whereas Gujarat is considered as diabetic capital of India. Keeping this in view the district branch conducted 7 Camps.

Dr. Rajshreeben Vadhani Arora Sr Retinal Surgeon from Baroda attended all the camps. Besides, Retinal Surgeons of M & J Institute of Ophthalmology Civil Hospital, Ahmedabad also rendered their services. Dr. P.N.Nagpal famous retinal surgeon from Ahmedabad attended all the Camps. In these camp talks were given about the blindness caused by diabetes.

In this camps 790 patients were examined. Out of them 171 were found with Diabetic Retinopathy and laser treatment of 48 patients was done.

After conducting the camp press notes were issued and sent to all the important newspapers. Due to continuous efforts of our Vice President, Mr. Kishan Lal Bhayani almost all the activities were published in all the newspapers and weeklies.

### Purba Mednipur Distt. Branch (West Bengal )

#### Achievements :

The district branch attended 4973 patients in the OPD, 11 Petrygium, 72 Foreign Body and 5 OCT were performed. Refraction in 656 patients were done. Out of them 27 were given free spectacles, 445 patients were given free medicines and 250 free blankets were distributed among the needy persons as part of its charity activities.

**School Survey :** During the year under review 5 schools were surveyed, wherein 1262 children were examined. Out of them 108 children were found with eye defects. Among them 76 children had defective vision and 32 were with other eye diseases.

**Health Education :** The District Branch organized several camps in different remote areas. In these camps the specialist doctors delivered lectures on Eye Health and Eye Care . The leaflets and posters concerning the eye health and eye problems were distributed among the masses.

**Prevention of blindness Week :** The branch observed the week as usual. During the period street corner meetings were organized, leaflets were distributed. Posters were exhibited. 5 Clinic Doctors delivered lectures high lighting different aspects of eye care and eye health with special reference to prevention.



## HOW SHIV BAHADUR SINGH SAVED HIS VISION

Shiv Bahadur Singh\* is today 57 years old, leading a happy life and fully engaged professionally. He enjoys his work in Ghaziabad, as a businessman, running a printing and designing establishment. He counts big multinationals and foreign companies as his clients.

He emotionally recounts how he had walked into the Ophthalmological Department of AIIMS, at the R P Center more than 17 years ago and spent more than six hours with various Doctors and subjected himself to various Tests.

He recalls, "the day I came to know that my father was diagnosed as having diabetes, I decided that I cannot let this happen to me, because the Doctor treating his father said that diabetes is hereditary." He immediately consulted specialists and discussed what he could do to ensure that he does not become a victim of diabetes and its side effects. It was around the same time that NSPB India held a free eye camp near his hometown in Ghaziabad, where Doctors and paramedics from the Ginni Modi Community Ophthalmic Research Centre were conducting an advocacy program for the villagers explaining various eye related problems, including Diabetic retinopathy. "One thing that immediately appealed to me," says Singh, "is that the Doctor from GMCORC repeatedly said that potential diabetics can prevent blindness and vision loss if one gets his eyes checked regularly and takes preventive steps."

"This one sentence got rooted in me", says Singh, who decided to go to the best Ophthalmology facility at the GMCORC, at Modinagar near Ghaziabad. Doctors at GMCORC did extensive

tests on Singh, and symptoms of diabetes were visible. Singh also showed initial symptoms of retinopathy because of diabetes, and was referred to the R P Center at AIIMS for advanced treatment. Singh who was then around 40 took appointments with the retina specialists. His eyes were subjected to extensive tests spanning a few days. He still remembers the words of the young retina specialist at the R P Center, who told him that he had come at the right time. The retinopathy had just set in and his retina showed the initial symptoms. "Don't worry, your vision can be saved and further damage can be prevented if you listen to our advice. Control your diabetes, take medication as advised by your Doctors, exercise regularly, and most importantly come every three months for an eye check up" said the doctor in an assuring tone. Singh was determined to save his eyes. He religiously followed every word of advice that the Ophthalmologists gave him. Says Singh, "Just because I followed the advice of my doctor at R P Center and came for regular check up for the last 17 years, I could save my vision and arrest the damage due to diabetic retinopathy. Thanks to this young doctor, I am able to lead a productive and happy life."

Singh has since become a poster boy for all ophthalmologists and community ophthalmology workers, as to how regular and routine eye check up can save vision and prevent blindness, not only in diabetic retinopathy, but also in several other eye related problems. So make yourself a promise to get your eyes checked regularly.



The real identities of the patient has been changed for reasons of medical ethics and privacy.

Remember, get your eyes checked up regularly. You will save your vision and prevent blindness.

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA : NEW DELHI  
NOTES ON ACCOUNTS FOR THE YEAR ENDING 31.03.2014  
SIGNIFICANT ACCOUNTING POLICIES**

**1. SYSTEM OF ACCOUNTING**

The Society is maintaining its accounts relating to its activities on mercantile basis.

**2. FIXED ASSETS & DEPRECIATION**

The depreciation has been provided on the WDV basis at rates applicable to assets as per income-tax rules, 1962.

**3. INVENTORIES**

The stock-in-trade has been valued at cost.

**4. INVESTMENTS**

There are no investments in this year.

There are no contingent liabilities in this year.

**5. PRIOR PERIOD ITEMS**

During the year there are no prior period items.

**6. INCOME OR LOSS FROM ORDINARY ACTIVITIES**

There is excess of income over expenditure of Rs.61,67,655.70 from the ordinary activities of the society.

**7. EXTRA ORDINARY ITEMS**

There is no extra ordinary item during the year.

Previous year's figures have been regrouped or rearranged wherever considered necessary.

PLACE: NEW DELHI

DATE: 25-06-2014

For B.B.Chaudhry & Company  
Chartered Accountants

SD/-  
B.B. CHAUDHRY  
PROP.

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA  
DR. RAJENDRA PRASAD CENTRE FOR OPHTHALMIC SCIENCES  
BALANCE SHEET AS AT 31.03.2014**

PREVIOUS YR.	LIABILITIES	CURRENT YR.	PREVIOUS YR.	ASSETS	CURRENT YR.
24,574,517.24	<b>GENERAL FUND</b> BALANCE AS PER LAST YEAR 24,574,517.24 ADD: DONATION RECD. THROUGH CORPUS FUND 2,178,100.00 ADD: EXCESS OF INCOME OVER EXPENDITURE T/D FROM INCOME & EXP. APP. A/C- 6,167,655.70 32,920,272.94 <b>AMOUNT ACCUMULATED OR SET APART FOR SPECIFIED PURPOSES SINCE THE SAME HAS BEEN UTILIZED DURING THE YEAR</b> FOR THE ASSESSMENT YEAR 2011-2012 U/S 11(2) 410,722.38 FOR THE ASSESSMENT YEAR 2012-2013 U/S 11(2) 2,101,091.00 FOR THE ASSESSMENT YEAR 2013-2014 U/S 11(2) 2,853,472.81	38,285,559.13	2,587,754.00 707,865.00 16,081,897.50 222,801.00 729,334.00 1,657,625.00 ---	<b>FIXED ASSETS</b> (AS PER SCHEDULE ATTACHED) "A" LAND AT KARKARDOOMA BOUNDARY WALL & BUILDING UNDER CONSTRUCTION AT KARKARDOOMA BOUNDARY WALL & BUILDING UNDER CONSTRUCTION AT GOLE MARKET LAND AT GOLE MARKET GRATUITY FUND INVESTMENT EMERGENCY FUND INVESTMENT <b>SUNDRY DEBTORS</b> (AS PER SCHEDULE ATTACHED) "B" <b>CASH &amp; BANK, FIXED DEPOSITS</b> (AS PER SCHEDULE ATTACHED) "C" <b>IMPREST A/C-</b> (AS PER SCHEDULE ATTACHED) "D" <b>LOANS &amp; ADVANCES</b> INTEREST ACCRUED ON FDR SECURITY WITH BSES ADVANCE PAID AGAINST CONSTRUCTION OF BUILDING M/S AMICOM INFOTECH SH.VINOD KUMAR SAINI <b>CLOSING STOCK</b> (AS PER SCHEDULE ATTACHED) "E" (VALUED AT COST AND AS CERTIFIED BY THE MANAGEMENT)	2,434,759.00 707,865.00 23,010,316.50 222,801.00 729,334.00 1,657,625.00 1,100,000.00 5,909,215.00 5,001,810.63 850.00 39,616.00 114,750.00 --- 15,000.00 38,423.00 1,599,371.00
410,722.38 2,101,091.00 2,853,472.81	<b>AMOUNT ACCUMULATED OR SET APART FOR SPECIFIED PURPOSES</b> FOR THE ASSESSMENT YEAR 2011-2012 U/S 11(2) --- FOR THE ASSESSMENT YEAR 2012-2013 U/S 11(2) --- FOR THE ASSESSMENT YEAR 2013-2014 U/S 11(2) --- <b>EMERGENCY RESERVE FUND</b> AMANDEEP CONSTRUCTION --- GRATUITY FUND --- <b>RETENTION MONEY</b> 1. KAMAL ENTERPRISES 250,000.00 2. AMARDEEP CONSTRUCTION 250,000.00 OT ADVANCE --- <b>CURRENT LIABILITIES, LOANS &amp; ADVANCES</b> SUNDRY CREDITORS 414,790.00 <b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
550,000.00 689,187.00 1,657,625.00	<b>EMERGENCY RESERVE FUND</b> AMANDEEP CONSTRUCTION --- GRATUITY FUND --- <b>RETENTION MONEY</b> 1. KAMAL ENTERPRISES 250,000.00 2. AMARDEEP CONSTRUCTION 250,000.00 OT ADVANCE --- <b>CURRENT LIABILITIES, LOANS &amp; ADVANCES</b> SUNDRY CREDITORS 414,790.00 <b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
232,420.00 228,866.00 8,500.00	<b>EMERGENCY RESERVE FUND</b> AMANDEEP CONSTRUCTION --- GRATUITY FUND --- <b>RETENTION MONEY</b> 1. KAMAL ENTERPRISES 250,000.00 2. AMARDEEP CONSTRUCTION 250,000.00 OT ADVANCE --- <b>CURRENT LIABILITIES, LOANS &amp; ADVANCES</b> SUNDRY CREDITORS 414,790.00 <b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
422,261.00	<b>CURRENT LIABILITIES, LOANS &amp; ADVANCES</b> SUNDRY CREDITORS 414,790.00 <b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
139,700.00 36,600.00 2,450.00	<b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
155,145.00	<b>LOANS &amp; ADVANCES</b> ADVANCE RECD. AGAINST C.L.R.U. 7,500.00 ADVANCE RECD. AGAINST O.R.U. 61,350.00 ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR) 2,200.00	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
71,130.00 8,151.00 9,275.00 1,942.00 12,000.00 175,918.00 100,000.00 180,000.00	SALARY PAYABLE CST PAYABLE LOCAL SALES TAX PAYABLE ESIC PAYABLE TDS PAYABLE TELEPHONE CHARGES PAYABLE ELECTRICITY CHARGES PAYABLE (MOTI NAGAR) WCT PAYABLE HOUSE TAX KARKARDOOMA BUILDING PAYABLE GROUND RENT PAYABLE	1,100,000.00 --- 1,657,625.00 500,000.00 13,800.00 414,790.00 71,050.00 164,433.00 4,070.00 65,280.00 --- 1,229.00 29,910.00 98,800.00 135,190.00	8,720,894.93 850.00 29,437.00 114,750.00 1,036,250.00 --- --- 758,040.00		34,620,973.43
<b>34,620,973.43</b>	<b>TOTAL (RS.)</b>	<b>42,541,736.13</b>	<b>34,620,973.43</b>	<b>TOTAL (RS.)</b>	<b>42,541,736.13</b>

AUDIT REPORT:  
AS PER OUR SEPARATE REPORT OF EVEN DATE ATTACHED  
FOR B.B. CHAUDHRY & COMPANY CHARTERED ACCOUNTANTS

SD/-  
(ACCOUNT OFFICER)

SD/-  
SECRETARY GENERAL

SD/-  
TREASURER

SD/-  
B. B. CHAUDHRY  
PROP.

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA  
DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCES  
INCOME & EXPENDITURE A/C FOR THE YEAR ENDING 31.03.2014**

PREVIOUS YR.	EXPENDITURE	CURRENT YR.	PREVIOUS YR.	INCOME	CURRENT YR.
60,000.00	TO GRANT PAID TO RAISON EYE HOSPITAL	60,000.00	3,250.00	BY ADMISSION FEE	---
247,708.00	TO EYE CAMP EXPENDITURE	264,766.00	2,400.00	BY SUBSCRIPTION FEE	---
693,913.00	TO MOTI NAGAR EYE HOSPITAL EXP.	---	100.00	BY SUBSCRIPTION RECD. FOR HAMARI ANKHEN	100.00
15,996.00	TO ANNUAL MEETINGS EXP.	8,403.00	---	BY ADVERTISEMENT A/C	10,500.00
52,155.00	TO TRANSPORT & MAINTENANCE CHARGES	37,947.00	---	BY EYE EXAMINATION FEE RECEIVED	21,330.00
20,014.00	TO TELEPHONE CHARGES	25,974.00	178,950.00	BY REGISTRATION	174,850.00
38,852.00	TO HAMARI ANKHEN PRINTING	38,852.00	113,300.00	BY REFRACTION	107,400.00
29,325.00	TO RESEARCH PUBLICATION EXP.	25,725.00	739,940.00	BY OPERATION CHARGES	983,500.00
2,385,031.00	TO SALARY & INCENTIVE PAID TO STAFF (AS PER SCHEDULE ATTACHED) "F"	2,424,609.00	26,050.00	BY MINOR TREATMENT	43,055.00
1,331,619.00	TO PROFESSIONAL CHARGES PAID (AS PER SCHEDULE ATTACHED) "G"	1,574,558.00	7,500.00	BY REGISTRATION FROM PRIVATE OPD	5,500.00
687,500.00	TO GRANT PAID TO GUJAR MAL MODI EYE HOSPITAL	589,129.00	32,001.00	BY DONATION RECEIVED	14,552.00
300,000.00	TO GRATUITY PROVISION	---	274,200.00	BY DONATION FOR EYE CAMP	269,350.00
6,386.00	TO ADVERTISEMENT	8,500.00	52,302.00	BY MISC. RECEIPTS	46,047.50
789,365.00	OPENING STOCK (AS PER SCHEDULE ATTACHED) "H"	758,040.00	799,592.00	BY INTERST RECD.	648,516.00
40,000.00	GROUND RENT	---	169,245.00	BY CENTRAL SALES	301,995.00
7,617,846.00	PURCHASES (LOCAL) (AS PER SCHEDULE ATTACHED) "I"	8,805,480.00	18,894,974.25	BY LOCAL SALES	2,020,123.00
1,243,018.00	PURCHASES (CENTRAL) (AS PER SCHEDULE ATTACHED) "J"	1,629,454.00	---	(AS PER SCHEDULE ATTACHED) "K"	167,144.80
70,169.00	TO CONVEYANCE EXP.	82,160.00	687,500.00	BY LOCAL SALES @ 12.50%	589,680.00
16,310.00	TO PRINTING & STATIONERY EXP.	25,529.00	---	BY GRANT RECD.	---
25,447.00	TO POSTAGE CHARGES	36,912.00	758,040.00	BY CLOSING STOCK (AS PER SCHEDULE ATTACHED) "E"	1,559,371.00
1,711.00	TO BANK CHARGES	4,549.00	---	---	---
179,533.00	TO ORU EXP.	234,640.00	---	---	---
2,288.00	TO C.L.R.U. EXP.	3,814.00	---	---	---
217,652.00	TO ORU NSPB HOSPITAL MOTI NAGAR EXP.	211,463.00	---	---	---
8,527.00	TO MISC. EXP.	18,593.60	---	---	---
76,166.00	TO ESIC PAID	74,485.00	---	---	---
361,869.00	TO DEPRECIATION	329,135.00	---	---	---
700.00	TO WEBSITE EXPENSES	700.00	---	---	---
2,809.00	TO INSURANCE EXP.	24,932.00	---	---	---
161,796.00	TO SECURITY EXP.	306,346.00	---	---	---
38,500.00	TO LEGAL & PROFESSIONAL CHARGES PAID	32,250.00	---	---	---
527.00	TO ASSETS WRITTEN OFF	---	---	---	---
100,000.00	TO PROVISION OF HOUSE TAX AT KARKARDOOMA	100,000.00	---	---	---
9,953.90	TO SALES TAX PAID	---	---	---	---
---	TO LABOUR CHARGES PAID	62,841.00	---	---	---
---	TO FEE PAID TO DIRECTOR OF HEALTH SERVICES	6,600.00	---	---	---
---	TO ADVOCACY	44,915.00	---	---	---
---	TO EYE EXAMINATION FEE EXPENSES	19,500.00	---	---	---
---	TO BOOKS & PERIODICALS	3,060.00	---	---	---
---	TO MEDICINE EXP	20,494.00	---	---	---
---	TO IOL EXPENSES	107,840.00	---	---	---
---	TO LASER EXPENSES	13,000.00	---	---	---
---	TO ELECTRICITY & WATER EXPENSES	183,088.00	---	---	---
---	TO HOUSE TAX PAID	39,417.00	---	---	---
---	TO REPAIR & MAINTENANCE EXP	28,469.00	---	---	---
---	TO CLEANING & WASHING CHARGES	15,189.00	---	---	---
---	TO PROVISION FOR EMERGENCY RESERVE FUND	550,000.00	---	---	---
5,906,678.35	TO EXCESS OF INCOME OVER EXPENDITURE T/D TO INCOME & EXP. APP. A/C-	6,167,655.70	---	---	---
<b>22,739,344.25</b>	<b>TOTAL (RS.)</b>	<b>24,999,014.30</b>	<b>22,739,344.25</b>	<b>TOTAL (RS.)</b>	<b>24,999,014.30</b>

AUDIT REPORT  
AS PER OUR SEPARATE REPORT OF EVEN DATE ATTACHED  
FOR B.B. CHAUDHRY & COMPANY CHARTERED ACCOUNTANTS

PLACE: NEW DELHI  
DATE: 25-06-2014

SD/-  
(ACCOUNT OFFICER)

SD/-  
TREASURER

SD/-  
SECRETARY GENERAL

SD/-  
B.B. CHAUDHRY  
PROP.



**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA  
DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCE, NEW DELHI  
SCHEDULE "A" OF FIXED ASSETS & FORMING PART OF BALANCE SHEET AS AT 31.03.2014**

W.D.V. AS ON 01.04.2013	PARTICULARS	RATE OF DEP.	ORIGINAL COST	PURCHASE DURING THE YR.		DEDUCTION FROM ASSETS	ASSETS WRITTEN OFF	TOTAL COST	DEP. UP TO 31.03.2013	DEP. DURING THE YR.	DEP. ADJUSTED.	TOTAL DEP.	WDV AS ON 31.03.2014
				01.04.12 TO 30.09.2013	01.10.12 TO 31.03.2014								
30,005.00	AIR CONDITIONER & COOLER	15%	35,300.00	-	-	-	-	35,300.00	5,295.00	4,500.00	-	9,795.00	25,505.00
-	OPHTHALMOSCOPE	15%	-	21,525.00	-	-	-	21,525.00	-	3,229.00	-	3,229.00	18,296.00
-	AUTO LENSOMETER	15%	-	-	150,000.00	-	-	150,000.00	-	11,250.00	-	11,250.00	138,750.00
525.00	MATTRESS	15%	10,020.00	-	-	-	-	10,020.00	9,495.00	79.00	-	9,574.00	446.00
6,707.00	LINENIN	10%	19,541.90	-	-	-	-	19,541.90	12,834.90	1,006.00	-	13,840.90	5,701.00
34,107.00	ISTUMENT (MOTI NAGAR)	15%	158,752.90	-	2,415.00	-	-	161,167.90	124,645.90	5,297.00	-	129,942.90	31,225.00
13,313.00	FURNITURE (MOTI NAGAR)	10%	150,969.42	-	-	-	-	150,969.42	137,656.42	1,331.00	-	138,987.42	11,982.00
1,025.00	OPERATING MICROSCOPE	15%	80,000.00	-	-	-	-	80,000.00	78,975.00	154.00	-	79,129.00	871.00
403.00	ANESTHESIA MACHINE (MOTI NAGAR)	15%	30,013.00	-	-	-	-	30,013.00	29,610.00	60.00	-	29,670.00	343.00
383.00	SLIT LAMP (MOTI NAGAR)	15%	28,600.00	-	-	-	-	28,600.00	28,217.00	58.00	-	28,275.00	325.00
223.00	OXYGEN CYLINDER (MOTI NAGAR)	15%	14,520.00	-	-	-	-	14,520.00	14,297.00	33.00	-	14,330.00	190.00
685.00	FIRE EXTINGUISHER (MOTI NAGAR)	10%	4,847.00	-	-	-	-	4,847.00	4,162.00	103.00	-	4,265.00	582.00
710.00	TELEPHONE	10%	2,289.00	-	-	-	-	2,289.00	1,579.00	107.00	-	1,686.00	603.00
256.00	KEROMETER (MOTI NAGAR)	15%	14,300.00	-	-	-	-	14,300.00	14,044.00	38.00	-	14,082.00	218.00
151,865.00	ATO REFRACTOR (MOTI NAGAR)	15%	247,287.00	-	-	-	-	247,287.00	95,422.00	22,780.00	-	118,202.00	129,085.00
254.00	LENSOMETER (MOTI NAGAR)	15%	7,000.00	-	-	-	-	7,000.00	6,746.00	38.00	-	6,784.00	216.00
4,525.00	MICROSCOPE (RAISON)	15%	80,000.00	-	-	-	-	80,000.00	75,475.00	679.00	-	76,154.00	3,846.00
419.00	STREAK RETINOSCOPE (RAISON)	15%	8,640.00	-	-	-	-	8,640.00	8,221.00	63.00	-	8,284.00	356.00
3,425.00	SURGICAL INSTRUMENT	15%	13,443.00	-	-	-	-	13,443.00	10,018.00	514.00	-	10,532.00	2,911.00
526.00	LIFE STERICLIC	15%	6,901.00	-	-	-	-	6,901.00	6,375.00	79.00	-	6,454.00	447.00
40,194.00	OPERATING MICROSCOPE (MOTI NAGAR)	15%	350,000.00	-	-	-	-	350,000.00	309,806.00	6,029.00	-	315,835.00	34,165.00
3,448.00	CARDIAC MONITOR (MOTI NAGAR)	15%	30,000.00	-	-	-	-	30,000.00	26,552.00	517.00	-	27,069.00	2,931.00
100,594.00	A.SCAN	15%	129,554.00	-	-	-	-	129,554.00	28,960.00	15,089.00	-	44,049.00	85,505.00
5,146.00	COMPUTER (NSPB)	60%	18,384.00	-	-	-	-	18,384.00	13,238.00	3,088.00	-	16,326.00	2,058.00
12.00	PRINTER (NSPB)	60%	10,074.00	-	-	-	-	10,074.00	10,062.00	7.00	-	10,069.00	5.00
1,465.00	UPS	15%	2,027.00	2,200	-	-	-	4,227.00	562.00	352.00	-	914.00	3,313.00
552.00	STABILIZER (RAISON)	15%	2,700.00	-	-	-	-	2,700.00	2,148.00	83.00	-	2,231.00	469.00
56,201.00	APPA DIGITAL PHALO APP 2000 (MOTI NAGAR)	15%	275,000.00	-	-	-	-	275,000.00	218,799.00	8,430.00	-	227,229.00	47,771.00
5,735.00	INVERTER (MOTI NAGAR)	15%	19,200.00	-	-	-	-	19,200.00	13,465.00	860.00	-	14,325.00	4,875.00
1,011.00	AUTO CLAVE (RAISON)	15%	4,950.00	-	-	-	-	4,950.00	3,939.00	152.00	-	4,091.00	859.00
173.00	STABILIZER (RAISON)	15%	850.00	-	-	-	-	850.00	677.00	26.00	-	703.00	147.00
248.00	BEDSHEET (RAISON)	15%	1,080.00	-	-	-	-	1,080.00	832.00	37.00	-	869.00	211.00
394.00	GLUCO METER (MOTI NAGAR)	15%	1,650.00	-	-	-	-	1,650.00	1,256.00	188.00	-	1,444.00	206.00
21,663.00	DEPHITHON	15%	106,000.00	-	-	-	-	106,000.00	84,337.00	3,250.00	-	87,587.00	18,413.00
4,462.00	AIR CONDITIONER (MOTI NAGAR)	15%	21,835.00	-	-	-	-	21,835.00	17,373.00	669.00	-	18,042.00	3,793.00
24.00	UPS (MOTI NAGAR)	15%	1,800.00	-	-	-	-	1,800.00	1,776.00	4.00	-	1,780.00	20.00
2.00	PRINTER (MOTI NAGAR)	60%	2,800.00	-	-	-	-	2,800.00	2,798.00	1.00	-	2,799.00	1.00
14.00	COMPUTER (MOTI NAGAR)	60%	20,500.00	-	-	-	-	20,500.00	20,486.00	8.00	-	20,494.00	6.00
5,180.00	COMPUTER WITH PRINTER (NSPB)	60%	18,592.00	-	-	-	-	18,592.00	13,412.00	3,108.00	-	16,520.00	2,072.00
47.00	UPS (NSPB)	15%	2,000.00	-	-	-	-	2,000.00	1,953.00	7.00	-	1,960.00	40.00
7.00	PRINTER (RAISON)	60%	2,400.00	-	-	-	-	2,400.00	2,393.00	4.00	-	2,397.00	3.00
99.00	UPS (RAISON)	15%	1,700.00	-	-	-	-	1,700.00	1,601.00	15.00	-	1,616.00	84.00
1.00	MARUTI VAN (RAISON)	15%	1.00	-	-	-	-	1.00	-	-	-	-	1.00
1.00	TATA SUMO AMBULANCE	15%	1.00	-	-	-	-	1.00	-	-	-	-	1.00
36,939.00	OPHTHALMIC COMPLETE REFRACTION UNIT	15%	90,000.00	-	-	-	-	90,000.00	53,061.00	5,541.00	-	58,602.00	31,398.00
299,371.00	COLD PHOCO	15%	620,000.00	-	-	-	-	620,000.00	320,629.00	44,906.00	-	365,535.00	254,465.00
18,470.00	APPAAPPLICATION TONO METER	15%	45,000.00	-	-	-	-	45,000.00	26,530.00	2,771.00	-	29,301.00	15,699.00
16,417.00	SLIT LAMP A/A	15%	40,000.00	-	-	-	-	40,000.00	23,583.00	2,463.00	-	26,046.00	13,954.00

Contd. to Page 18

WDV AS ON 01.04.2013	PARTICULARS	RATE OF DEP.	ORIGINAL COST	PURCHASE DURING THE YR.		DEDUCTION FROM ASSETS	ASSETS WRITTEN OFF	TOTAL COST	DEP. UP TO 31.03.2013	DEP. DURING THE YR.	DEP. ADJUSTED.	TOTAL DEP.	WDV AS ON 31.03.2014
				01.04.12 TO 30.09.2013	01.10.11 TO 31.03.2014								
8,373.00	THREE MIRROR GONO SCOPE LENS	15%	20,400.00	-	-	-	-	20,400.00	12,027.00	1,256.00	-	13,283.00	7,117.00
7,783.00	STREAK REINOSCOPE WITH OPTHALMIC SCOPE	15%	16,120.00	-	-	-	-	16,120.00	8,337.00	1,167.00	-	9,504.00	6,616.00
265,720.00	BUILDING AT RAISON EYE HOSPITAL	10%	500,000.00	-	-	-	-	500,000.00	234,280.00	26,572.00	-	260,852.00	239,148.00
1,758.00	TUNO METER	15%	3,640.00	-	-	-	-	3,640.00	1,882.00	264.00	-	2,146.00	1,494.00
870,876.00	N.S.P.B. MOTI NAGAR HOSPITAL BUILDING	10%	1,638,704.30	-	-	-	-	1,638,704.30	767,828.30	87,088.00	-	854,916.30	783,788.00
3,962.00	ACQUA GUARD ( MOTI NAGAR)	15%	7,590.00	-	-	-	-	7,590.00	3,628.00	594.00	-	4,222.00	3,368.00
14,303.00	AIR CONDITIONER (ORU)	15%	27,400.00	-	-	-	-	27,400.00	13,097.00	2,651.00	-	15,748.00	11,652.00
21,298.00	LENSOMETER (ORU)	15%	40,800.00	-	-	-	-	40,800.00	19,502.00	3,195.00	-	22,697.00	18,103.00
11,481.00	FURNITURE ( ORU)	10%	17,500.00	-	-	-	-	17,500.00	6,019.00	1,148.00	-	7,167.00	10,333.00
420,996.00	FURNITURE & FIXTURE (ORU)	10%	607,893.00	-	-	-	-	607,893.00	186,897.00	42,100.00	-	228,997.00	378,896.00
1,263.00	INSTRUMENT TROLLEY	15%	1,890.00	-	-	-	-	1,890.00	627.00	189.00	-	816.00	1,074.00
3,759.00	LENS ( MOTI NAGAR)	15%	6,120.00	-	-	-	-	6,120.00	2,361.00	564.00	-	2,925.00	3,195.00
6,522.00	INDIRECT OPHTHALMOLOGICAL (MOTI NGR)	15%	10,620.00	-	-	-	-	10,620.00	4,098.00	978.00	-	5,076.00	5,544.00
5,421.00	EDGINY MACHINE	15%	7,504.00	-	-	-	-	7,504.00	2,083.00	813.00	-	2,896.00	4,608.00
29,515.00	APPLATON TONOMETER	15%	37,539.00	-	-	-	-	37,539.00	8,024.00	4,427.00	-	12,451.00	25,088.00
6,336.00	COOLER	15%	6,850.00	-	-	-	-	6,850.00	514.00	950.00	-	1,464.00	5,386.00
9,250.00	ATTENDANCE PUNCHING MACHINE (NSPB)	15%	10,000.00	-	-	-	-	10,000.00	750.00	1,388.00	-	2,138.00	7,862.00
9,250.00	ATTENDANCE PUNCHING MACHINE (MOTI NAGAR)	15%	10,000.00	-	-	-	-	10,000.00	750.00	1,388.00	-	2,138.00	7,862.00
14,337.00	WATER COOLER	15%	15,500.00	-	-	-	-	15,500.00	1,163	2,151.00	-	3,314.00	12,186.00
8,325.00	TALLY SOFTWARE	15%	9,000.00	-	-	-	-	9,000.00	675.00	1,249.00	-	1,924.00	7,076.00
<b>2,587,754.00</b>	<b>TOTAL (RS.)</b>		<b>5,725,592.52</b>	<b>21,525.00</b>	<b>154,615.00</b>	<b>-</b>	<b>-</b>	<b>5,901,732.52</b>	<b>3,137,838.52</b>	<b>329,135.00</b>	<b>-</b>	<b>3,466,973.52</b>	<b>2,434,759.00</b>

AUDIT REPORT  
AS PER OUR SEPARATE REPORT OF EVEN DATE ATTACHED  
FOR B.B. CHAUDHRY & COMPANY CHARTERED ACCOUNTANTS

PLACE: NEW DELHI  
DATE: 25-06-2014

(ACCOUNT OFFICER)

SD/-  
TREASURER

SD/-  
SECRETARY GENERAL

SD/-  
B.B. CHAUDHRY  
PROP.

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA**  
**DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCES**  
**ANNEXURES FORMING PART OF BALANCE SHEET FOR THE YEAR ENDING 31.03.2014**

**DETAILS OF SUNDRY DEBTORS (SCHEDULE "B")**

1. ESI DELHI	5,569,468.00
2. ESI NOIDA	339,747.00
	<u>5,909,215.00</u>

**DETAILS OF CASH & BANK BALANCES (SCHEDULE "C")**

1. CASH IN HAND	47,379.92
2. BALANCE WITH ANSARI NAGAR A/C-587362	244,370.97
3. BALANCE WITH SBI ANSARI NAGAR A/C-587066	73,958.07
4. BALANCE WITH SBI ANSARI NAGAR A/C-591549	12,787.67
5. FIXED DEPOSIT WITH STATE BANK OF INDIA	4,623,314.00
	<u>5,001,810.63</u>

**DETAILS OF IMPREST ACCOUNT (SCHEDULE "D")**

1. SH. N K SINHA	500.00
2. SH VK SANGHAI	100.00
3. SH. SABAR SINGH	250.00
	<u>850.00</u>

**DETAILS OF CLOSING STOCK (SCHEDULE "E")**

1. ORU	1,050,880.00
2. CLRU	11,772.00
3. ORU (MOTI NAGAR)	460,495.00
4. LOW VISION AIDS	36,274.00
	<u>1,559,371.00</u>

**DETAILS OF SALARY PAID (SCHEDULE "F")**

1. OPTICAL RESEARCH UNIT	666,114.00
2. CONTACT LENS RESEARCH UNIT	273,532.00
3. OFFICE STAFF	530,054.00
4. NSPB MOTI NAGAR	483,409.00
5. INCENTIVE PAID TO STAFF	471,500.00
	<u>2,424,609.00</u>

**DETAILS OF PROFESSIONAL CHARGES (SCHEDULE "G")**

1. SH. AP BANSAL	294,000.00
2. SH. NK SINHA	176,129.00
3. DR. EKTA JAIN	704,749.00
4. DR. RAJESH VAISH	382,180.00
5. AAS HEALTH CARE	17,500.00
	<u>1,574,558.00</u>

**DETAILS OF OPENING STOCK (SCHEDULE "H")**

1. ORU	549,130.00
2. CLRU	95,651.00
3. LOW VISION AID	24,489.00
4. ORU (MOTI NAGAR)	88,770.00
	<u>758,040.00</u>

**DETAILS OF PURCHASES LOCAL (SCHEDULE "I")**

1. ORU	4,144,903.00
2. CLRU	728,827.00
3. LOW VISION AID	2,110.00
4. ORU (MOTI NAGAR)	3,929,640.00
	<u>8,805,480.00</u>

**DETAILS OF PURCHASES CENTRAL (SCHEDULE "J")**

1. ORU	691,060.00
2. CLRU	837,043.00
3. LOW VISION AID	33,492.00
4. ORU (MOTI NAGAR)	67,859.00
	<u>1,629,454.00</u>

**DETAILS OF LOCAL SALES (SCHEDULE "K")**

1. ORU	8,279,024.65
2. CLRU	3,061,790.60
3. ORU (MOTI NAGAR)	8,635,428.00
4. LOW VISION AIDS	43,879.75
	<u>20,020,123.00</u>







## National Society for the Prevention of Blindness-India



*Sight for All*

**Gift of Sight**

NSPB-India's ambitious community ophthalmology project at Karkardooma, New Delhi is now ready for implementation. When fully operational, NSPB-India aims to provide the best of community ophthalmic care, especially to those who are poor, destitute and underprivileged. The Hospital is awaiting the requisite statutory and regulatory approvals.

NSPB-India depends on charity and donations for implementing its projects and providing good quality ophthalmic services. Donations to the NSPB-India are exempted from Income Tax under Sec 80 G.





**Vision problems** : Diabetes can cause a number of eye problems, some of which can lead to blindness if not addressed. Eye disorders such as glaucoma, cataract or diabetic retinopathy are all complications of diabetes. Regular eye check-up and timely treatment could prevent up to 90 per cent of diabetes - related eye problems and blindness.



## National Society for the Prevention of Blindness-India

Dr. Rajendra Prasad Centre for Ophthalmic Sciences,  
A.I.I.M.S., New Delhi - 110029 Tel: 011 26588812.

E-mail: [sightforall@gmail.com](mailto:sightforall@gmail.com), [sightforall@nspb.in](mailto:sightforall@nspb.in)

To know more about NSPB-India we invite you to  
visit our Website: [www.nspb.in](http://www.nspb.in)



*Sight for All*