

**A N N U A L R E P O R T**  
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**AGE-RELATED MACULAR DEGENERATION**



*Sight for All*

**THE NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS**



## The National Society for the Prevention of Blindness – NSPB

**N**SPB has now commissioned a full-fledged state of the art eye Hospital in Karkardooma, East Delhi, with special focus on Community Ophthalmology. Spread over 10300 sq feet across four floors. This hospital offers the latest facilities in eye care at affordable prices. This environmentally friendly building has received financial support from several philanthropists, NGOs, Corporates and government undertakings. This Hospital is now available for the best in class eye care to all, especially to the poor, destitute and underprivileged persons. This NSPB Hospital will use the latest technology and good ophthalmologists and community workers to deliver quality eye care both in terms of outpatient services and in patient care. The Hospital has multiple modern Operation Theatres and Consultation rooms. Qualified Optometrists, refractionists, technicians and specialists offer computerised solutions in eye care. The unique low vision aid center of the Hospital offers vision improvement and solutions for low vision patients. All of us at NSPB strive to make this a community ophthalmology and eye care destination for the less privileged, with stated focus on the "**Gift of Sight**".



## OLD AGE AND VISION



Is old age a curse? **W. Somerset Maugham, once said “What makes old age hard to bear is not the failing of one's faculties, mental and physical, but the burden of one's memories”.** Our scriptures say that Old age is just a phase in the beauty of human cycle and we have to appreciate and live with it. Undoubtedly, one has to acknowledge and accept that with old age comes grey hairs, the gradual failing of our body, its organs and faculties. It is unescapable. Better learn to live with it, be prepared and live out your old age. Age Related Macular Degeneration- AMD affects millions of older people across the world who gradually lose their vision in one or both eyes. Ophthalmologists classify AMD as a wet AMD and a Dry AMD. We will talk about this later.

**Y**our eyes also age. They age gradually and send you messages. One of the first messages is that you need glasses to read your daily newspapers. After a few years you visit your ophthalmologist complaining that you can't read the fine print even with glasses and he prescribes a higher power for your reading glasses. And this goes on. The macular region of the retina of your eye where actually the message is received and 'displayed' also undergoes aging and gradual tissue degeneration which makes it difficult to see. This phenomenon is termed as Age Related Macular Degeneration or AMD by

Ophthalmologists. In the case of the Dry AMD the deposit of a yellow substance called Drusen (often generated by the dying cells of the retina) blocks the macular region of your eye. This obstructs the processing of the image in the central portion. Your Ophthalmologist will examine you for drusen deposits and prescribe medicines to “melt” it away. Most old age people suffer from Dry AMD. In the case of Wet AMD, In the “wet” type of macular degeneration, blood vessels turn into abnormal growth patterns and grow under the retina and macula. These new blood vessels may then bleed and leak fluid, causing the macula to bulge or lift up from its normally flat position, thus causing loss in the central vision. Research shows that if Dry AMD is not treated early, it may aggravate to the Wet AMD. Under these circumstances, vision loss may be rapid and severe. It is inevitable, only the degree of degeneration of the tissues differ. One really does not know what is really going on inside your eyes until the symptoms show up. At the doubt of any change in vision or any symptom of vision clouding it is advisable to immediately consult your Ophthalmologist. The earlier you address it, the damage can be arrested, and in some cases reversed.

**W**hat happens to your eyes when you age and fall a victim to AMD. The macula the centre of the retina is its soul. Millions of light sensing cells make up the macula, which provides sharp and central vision to your eyes. The macula is the most sensitive part of the retina and is responsible for the central portion of the vision spectrum and image that you see. When the macula degenerates due to old age, the central portion of the image gets affected. If the macular degeneration is severe the central portion of the image appears to be a blind spot. Gradual degeneration of the macula causes the vision to get blurred or hazy, thereby affecting your daily chores and work like working on a computer, driving, cooking or even recognising faces and characters. Actually the electrical



impulses from the macula do not reach the brain and the translated image has a blind spot in the center. AMD may occur in one or both eyes simultaneously.

**A**MD symptoms usually show up around the age of fifty, though it can happen earlier. Blurring of vision, particularly in the center of the image is one of the early symptoms. These symptoms call for an immediate visit to your ophthalmologist who will dilate your eyes and examine the retina and the optic nerve at the back portion of your eyes. Your ophthalmologist may also conduct several tests like asking you to read the Amsler Grid and see if you can clearly read the central portion of the image or conduct a Fluorescein Angiography or OCT- Optical Coherence Tomography using modern machines. The changes to the retina will be examined through complicated imaging equipment to look for any tell tale signs of degeneration and check for the presence of drusen, which appear as yellow deposits below the retina.

**S**cientists and researchers are yet to find a real cure for AMD. AMD, if detected early, helps you to take precautions and change your lifestyle. Research indicates that smoking and alcohol aggravates AMD. A healthy regime, good nutritious foods, green vegetables, certain high dose vitamins, minerals, omega 3, beta carotene, added with no smoking helps contain AMD. Regular exercises, walks and a non sedentary lifestyles helps you to delay the occurrence of the AMD issues. Ophthalmologists across the world agree that early detection is a key to delay and contain AMD to a large extent. So a regular visit to your Ophthalmologist for a detailed eye examination must form part of your routine medical check-ups. The Ophthalmologists will use his skills to find out more about your AMD problems, diagnose which kind of AMD is bothering you and start the treatment specific to your problem. However the vision loss or vision deterioration cannot be reversed by the medical science as of today, but can surely be delayed and its impact reduced.

**A**dvanced research is going on across the world to cure and stop AMD and find a cure. Genome research has yielded a peek into why AMD happens and scientists are finding a treatment protocol with fair success. Scientists who are working in the area of stem cell research to find out if stem cells can be used to grow the degenerating tissues of the macula and the neurons. These scientists claim that their path breaking research will definitely yield results and AMD can be treated.

**T**eams of Ophthalmologists along with Data Science experts are using Artificial Intelligence -AI to analyse medical data related to AMD, genetics, monitoring conditions, prescribing treatment protocols, and even using AI assisted robotic surgeries. AI is particularly finding its use in treating AMD related issues with people in remote areas using telemedicine and remote diagnostics. Using AI and using it to analyse vast amounts of Big Data helps Ophthalmologists work closely with Software and Data Scientists and predict how the macula is behaving in the eyes of an old aged person and forecast models. AI is now most commonly used to screen the retina and the diagnosis is quite accurate. Even Google is assisting Ophthalmologists in India using Deep Learning to screen retina and macula issues. They can thus resort to predictive medicines. Diagnosis and treatment becomes very easy using the AI engines. MedTech needs innovation. US is leading the race in this field and it is expected that within a period of five years such AI based algorithms and software will be freely available. Technology is evolving and becoming affordable.

**T**echnological developments have been advancing and with new kind of materials now available, scientists have come up with an Implantable Device that sits inside your eyes and helps magnify the image and transmit it to the optical nerve. Trials are on for this sophisticated implantable device and show promising results, especially in cases where the degeneration is very severe and there is heavy vision loss.

**S**everal top Pharma companies and drug makers have also been doing research to come out with drugs that help in resolving AMD issues. Some Drug companies in Europe are now engaged in clinical trials along with Ophthalmologists and community workers. Many countries in Europe and US are also funding research and actively partnering with researchers to find a drug. They claim to have got encouraging results for their drugs and formulations and are in a race to patent them. According to these companies the new generation of drugs that have been brought out to treat AMD offer less painful solutions and offering better visual gains. These Drug and Pharma companies which have spent billions of dollars in research certainly offer a ray of hope to our old aged population who have fallen victims to the AMD issues.

**B**ack home several researchers and workers have come up with herbal medicine that also show promise in treating the AMD problems. Shri Madhavan Vaidyar in Kasergod Kerala an Ayurveda practitioner says that he has some herbal medicines that can rejuvenate the eyes. He says that he can even ensure perfect eyesight upto an age of 90 years. There must be some truth in his claims going by the long line of patients at his doorstep in remote area of Kerala. The effectiveness of such medicines on AMD patients has not yet been proven to be hundred percent correct, but the effect

of these herbal medicines on the macula cells shows encouragement as per the statements of herbal drug researchers. The National Innovation Foundation encourages such research and promotes herbal drug discoveries. The ancient knowledge in a traditional form is validated through research, trials and lab tests. The Indian Government is also alive to the reality that these ancient traditional knowledge for herbal medicine is not preserved and documented it may be lost forever.

There is some evidence to show that few people with AMD ever become totally blind or lose their complete vision, but with AMD there is a definite vision challenge when you lose part of your central vision. This means a lot of hardship in day to day activities like reading, driving, watching TV etc, but if you start at an early age and program the preventive programs you can get an early diagnosis and therefore it's a good idea to start preventative care at a young age.

Ophthalmologists across the world vouch for one golden rule : the single most important thing you can do to detect and help arrest the AMD to hold you down is to religiously get your eyes checked for AMD related problems at least once a year. It's the only way to detect those early warning signs that trigger the AMD. Once those signs are detected, you have multiple choices to put the advent of AMD on the slow track and arrest its progression.

*Image Seen by a person with normal vision*



*Image Seen by a person with AMD*





# THE NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS

## ANNUAL REPORT 2017-2018



It is my privilege to present the Annual Report of The National Society for the Prevention of Blindness for the year 2017-18. You are well aware that NSPB is a “Not for Profit” voluntary organization dedicated to the great cause of prevention of blindness with its states and district branches throughout India as well as with its two eye hospitals at Moti Nagar, New Delhi and Raison, Kullu (HP) since 1960.

**The National Society for the Prevention of Blindness's Third Eye Centre coming up at Karkardooma is ready to be dedicated to the nation in this year which will serve as a hub for all the slum areas in the Capital and also for the backward and remote areas in a radius of 250 kms. in the State of UP, Haryana, Rajasthan etc. NSPB is now in the final stage of completing this project. It is hoped that with the**

**support of philanthropists, NGOs and the government, it will be able to deliver to the visually challenged the Gift of Sight.**

The aims and objectives of the Society are to:

- Take measures and engage in community service activities which shall lead to the control and elimination of the causes of blindness.
- Disseminate knowledge concerning all matters pertaining to the care of eyes.
- Publish studies, periodicals, reports and other literature relating to the prevention of blindness.
- Endeavour through research and investigations to ascertain causes, direct or indirect, which may result in blindness or impaired vision.

- Continuously conduct experiments and research in making and fitting of glasses, contact lenses, low vision aids and other optical devices for the prevention of impairment and/or for the improvement of sight.
- Take such actions as are incidental or conducive to the attainment of the objectives of the Society, including collection of funds, receiving grants, acquiring property- movable or immovable.

**Activities:**

- Publication of educational materials on eye health care and their wide distribution;
- Eye screening examination of pre-school and school-going children for the early detection of eye defects;
- Examination of industrial workers;
- Organise educational activities on eye health in schools and in the community;
- Arrange educational programs on mass communication channels i.e. radio and television;
- Organise educational exhibitions on eye health;

- Organise eye care camps to treat curable blindness in the community;
- Periodically arrange workshops and seminars on causes of blindness.

**Blindness Prevention Campaigns:**

The Society has undertaken massive and intensive campaign on different aspects in order to create awareness among the masses about avoidable blindness through out the country. It undertakes two annual programs.

- Prevention of Blindness week from April 1-7 every year on a different theme.
- National fortnight on Eye Donation from August 25-September 08 every year to highlight the importance of eye donation for reducing the prevalence of corneal blindness.

The Society is registered under section 12A and 80G of the Income Tax Act. It is also registered to receive donations from overseas under FCRA.





## OCULAR MORBIDITY WORK BY UNITS & BRANCHES

### ACTIVITY REPORT - April 01, 2017 To March 31, 2018

PARTICULARS	THIS YEAR	SINCE 1977
<b>School Visual Health Screening Program</b>		
Number of Schools Surveyed	51	19334
Number of Students Screened	4554	3,597,813
Students found with Defective Vision	592	6,21,833
<b>Out-Reach Community Services</b>		
Number of Eye Camps	17	8604
Number of Patients Examined	3558	3,774,393
Number of Operations Performed	499	5,76,615
<b>Hospital &amp; Research Centre Activities</b>		
Number of Patients Examined in OPD	8741	11,17,127
Number of Refractions	3554	2,45,027
Number of Operations Performed	325	1,06,682

#### NSPB-INDIA HOSPITALS

The Society runs two Eye Hospitals directly under its control to provide the "Gift of Sight" to as many beneficiaries as possible. The hospitals undertake quality eye care services at the hospital and as-well-as at doorstep of the patients.

#### NSPB EYE HOSPITAL, MOTI NAGAR, NEW DELHI

The NSPB Eye Hospital, Moti Nagar, New Delhi was established in August 1990. Its mission is to provide quality eye care services that patients seek out and are willing to pay for, thus leading to financial self-sufficiency and sustainability of the eye care service within and by the community itself. The hospital provides quality eye care benefits at reasonable costs to all sections of society especially the deprived, under-privileged and economically backward sections. The hospital does not receive any grants from any organization and depends on donations for day-to-day survival and is self-supporting. It provides medical & surgical eye care services and other related support services, all under one roof.

The hospital has a four-story building on a plot of size 200 Sq. Yards, located at Moti Nagar in West Delhi. The hospital OPD is run on the ground floor with the Eye health education centre in the basement and the operation theatre & wards in the mezzanine and first floor. The hospital has grown steadily over the years and forms an important bridge between the Government and the private sector. The hospital draws its patients from the immediate neighborhood and over a radius of 60 kms around it.

#### STATEMENT OF ACTIVITY COMPARATIVE FOR THE YEARS 2016-17 & 2017-18

	2016-17	2017-18
<b>HOSPITAL</b>		
Total Patients	7116	6411
New Patients	3979	3548
Follow-Up Patients	3137	2863
Refraction (Paid)	2336	2174
Refraction (Free)	72	64
Minor Procedures	166	131
Major Procedures (Paid)	62	34



**NSPB RAISON EYE HOSPITAL,  
Raison, Dist. Kullu (HP)**



NSPB Raison Eye Hospital is located on the banks of river Beas in the picturesque of Kullu-Manali Valley nestled in the Himalayas about 14 Kms. from Kullu. The medical facilities in the hilly areas are usually under-developed and inadequate due to difficult terrain and other problems. One finds a major proportion of the illnesses in the lower socio-economic strata of community. Distances are difficult to cover and at many places motor able roads are also not available. It is our endeavor to reach out to such places where the plight of the poor needs urgent attention. The Society has been running an Eye Hospital in Raison village since 1977. The hospital is an icon for delivery of eye care services in the region. The patients are provided indoor facilities in tune with their customs and practices. Over the years the hospital has served 1,01,415 patients, 13922 operated upon cases, screened over 36857 school children, distributed 2663 free spectacles and 11516 refractions have been done. Many out-reach camps in the remote areas have been undertaken to serve more patients who cannot make it to the hospital.

**STATEMENT OF ACTIVITY COMPARATIVE FOR THE  
YEARS 2016-17 & 2017-18**

<b>PARTICULARS</b>	<b>2016-17</b>	<b>2017-18</b>
No. of patients screened	3893	3659
Refractions	602	709
No. of Mega Surgical Eye Camps	2	2
No. of follow-up camps / Weekly Camps	4	4
No. of Operations	293	352

**OPTICAL RESEARCH UNIT (ORU)**

Society has a workshop where spectacles prescribed by ophthalmologists Dr. R. P. Centre are being prepared and supplied to the patients at reasonable rates. It is also a training Centre for B.Sc. (Hons.) students of Dr. R. P. Centre in grinding and fitting of ophthalmic glasses. Society also has a sale counter at NSPB Eye Hospital, Moti Nagar, New Delhi. The performance of this unit as compared to previous year is as under:

**ACTIVITY REPORT - April 01, 2017 To March 31, 2018**

<b>PARTICULARS</b>	<b>2016-17</b>	<b>2017-18</b>
i. Total No. of Orders Booked	7787	6054
ii. No. of Students Trained	36	34

**Contribution from NSPB in AIIMS  
Optometry Explorer-3.**

On behalf of Optometry Students' Association, Dr. R. P. Centre, AIIMS, an educational conference was conducted on "AIIMS Optometry Explorer-3" on 20th, 21st and 22nd January, 2018 at JLAuditorium, AIIMS.

Around 650-700 delegates and eye care professionals attended the conference from India and Abroad.

The annual conference this year with the theme



**“Optometry: Gaining Momentum expanding dimensions”** made emphasis on the development of Optometry as a profession and practice and how it is establishing and expanding itself through continuous and ongoing extensive research in the multidisciplinary healthcare, efficient delivery of services and latest advancements.

The conference was aimed to discuss and develop effective and efficient approach to meet the demands of patients and to utilize the recent advancement and research for the better health care, where the approach and research of an optometrist would play major role in preventing eye diseases.

The scientific, practitioners and professionals oriented and educational sessions were planned in such a manner so that the technological advancements, general awareness and professional skills with various challenges are addressed for the benefit in Public Health.

#### **CONTACT LENS RESEARCH UNIT (CLRU)**

NSPB-India runs a Contact Lens Research Unit to provide lenses to patients, whose weakening of vision are due to corneal irregularity anisometropia, corneal vascularity etc. which can be better treated with contact lenses. They are supplied to those patients who visit the Centre referred by outside as well. Besides this, the unit is also providing training to the Contact Lens Technicians for dispensing of lenses and to the B.Sc. (Hons) students of Dr. R. P. Centre. During the year under report, the performance of the unit is:

#### **ACTIVITY REPORT - April 01, 2017 To March 31, 2018**

<b>PARTICULARS</b>	<b>2016-17</b>	<b>2017-18</b>
No. of Patients Treated	3538	2540
No. of Orders Booked	882	942
Low Vision Aids	193	169



The most important thing you should know is that contact lenses are very safe to wear, with any potential issues easily avoidable with proper care and close attention to hygiene.

## COMMUNITY OUT-REACH EYE CARE SERVICES

### Eye Camp at Raison Eye Hospital, May 2017

The success of the previous eye camps was very much evident with the response on the very first day at the camp.

Over 746 patients were examined in the camp and 137 patients were operated upon. All patients had an uneventful stay at the hospital and all the operations were successful.

### Eye Camp at Raison Eye Hospital, October 2017

Over 483 patients were examined. Of these 55 patients underwent surgical treatment. All patients had an uneventful stay at the hospital and all the operations were successful.

### Weekly Programs, Raison Eye Hospital, Dist. Kullu (HP)

A Weekly Program was started at Raison Eye Hospital, Raison, Dist. Kullu (HP) to provide more regular services at the hospital. The program was started as a self-sustaining program. The response to the effort was voluminous and very encouraging. Reasonable charges were taken from the patients for various services provided. It was organised in the months of April, June, July, August, October and November every year. A total of 2330 patients were examined in the OPD and 160 major operations were undertaken during the year.

### School Screening Eye Camp

A free school screening eye camp was organized by NSPB-India from 13-20th November, 2017 at Amrita Vidyalayam, Saket New Delhi.

In this camp eye screening of about 2020 students were done. Out of them about 280 children were diagnosed with severe defects and were advised to consult our Ophthalmologist at the earliest.

In this camp Ophthalmologists from NSPB Hospitals,



Motinagar advised the students to increase the intake of healthy food and vegetables like green leafy vegetables, carrots and colored fruits as well as balanced diet for good vision.

The children were also counseled to get their eyes checked up regularly.

The NSPB-I staff, optometrists and ophthalmologists worked hard to make the camp successful.

### Prevention of Blindness Week

The Society celebrated Prevention of Blindness Week from April 1-7 for awareness and control of blindness and visual impairment in the community. This year (2018) the Society organized the Week with the theme "Computer Vision Syndrome". The Society prepared a brief about the common eye problems relating to Computer and sent it to its branches and units for organizing the prevention of blindness week. Few activities done by the branches are detailed below:

- **Himachal Pradesh State Branch, Una** Centrally, the events was held in form of a 'Vichar goshtis' at I.T cum digital Centre of Lala Jagat Narain Himotkarsh girls College VPO- Kotla Khurd in Una District-Principal Dr. S.K. Chawla was the Chief guest, Assist. Prof. Renu Sharma I.T Cum Digital Centre was "keynote speaker and Kanwar Hari Singh State general secretary NSPB India(HP) apprised about



the activities of NSPB in HP. All participants including staff and students of the college and office bearers of Distt Branch NSPB Una District and other social activists also contributed by being part of floor participation. Asstt. Prof. Jyoti proposed vote of thanks.

The event was widely covered next day in Punjab kesari , Divya Himachal , Amarujala, Dastak, Jagran and Bhaskar Hindi newspaper.

### **National Fortnight on Eye Donation**

The Hospitals attached to the Society undertook education of the patients attending its OPD's with regard to Eye Donation. The patients intending to donate their eyes were specifically motivated to create an environment within the family such that after the sad demise of any donor the relatives or their near and dear ones may respect their sentiments with respect to the donation.

### **REPORTS FROM BRANCHES**

#### **Panchmahal District Branch, Godhra**

School Clinics: Screening of the school children was undertaken. Only 7th std. students of Godhra City schools were examined. Needy children were given free

glasses. They were given appropriate advice for other ailments. 51 schools were screened in which 2534 children were examined and 312 children were found with refractive error.

Diagnostic Camps: This year five diagnostic camps were held. Two camps were held in Godhra city and the remaining three were held in the rural areas. In fact one of the major aims of these camps is to educate the public and create awareness about the blindness problems. In these camps number of patients attended were 1355 in which 108 cataract surgery were advised and 607 refractions were performed.

Diabetic Retinal check up camps: The branch organized ten camps. Five were held in Panchmahal. 974 patients were examined in these camps in which 199 patients were found with diabetic retinopathy.

#### **Membership**

The enrolment of members is an ongoing process. As on 31.3.2018 there were 589 life members, 256 ordinary members, and 18 institutional members of the Society's headquarters.



## 50TH ANNUAL NATIONAL CONFERENCE OF THE NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS HELD ON DECEMBER 17, 2017

50th Annual General Body Meeting of The National Society for the Prevention of Blindness was organized on Sunday, 17th December, 2017 at KNGD Engineering College Auditorium, Hapur Road, Modinagar (UP).



The Executive President, Dr. Rajiv Mohan welcomed all the members to the 50th General Body Meeting. He was extremely grateful to NSPB Modinagar Unit for their arrangement, cooperation and hospitality towards the members. He also welcomed all the members present in the Annual General Body Meeting.

### PRESENTATION OF AWARD CEREMONY

The NSPB celebrated its 50th Annual Conference and AGM on 17th December, 2017. During this historic occasion NSPB is honoring the people who have worked for the cause of Prevention of Blindness and giving the Gift of Sight to our less fortunate visually challenged countrymen. The purpose of these awards is to recognize them and motivate them to continue their selfless work. It is because of such sight ambassadors that NSPB has the touched the lives of millions of people. The name of the awardees and their brief achievements are given under here. The awards and trophies were presented to this Gift of Sight ambassador by Shri Ashok Maheshwari, Chairman of the Nagar Palika Parishad Modinagar appreciated the efforts of the NSPB in giving the gift of sight.

As a part of its ongoing program to give the gift the sight to those who are needlessly blind, NSPB has a robust advocacy program for its eye donation campaign. Dr Rajiv Mohan, eminent Ophthalmologist from Delhi gave a talk exhorting all of us to donate the eyes after one is no more. Dr Mohan also emphasized how one pair of eyes of person who is no more can help two visually challenged person see and get the gift of sight. Dr.Devendra K. Modi, Chairman of the K N Modi Foundation and a noted Philanthropist has been a goodwill ambassador for the cause of eye donation and cornea transplant. Institutions and hospitals under Dr. Modi has helped thousands of persons to get the gift of sight through cornea transplants. He has again continued his effort in this direction by motivating his team of faculty, students and citizens to donate their eyes after they are no more by handing over 1000 eye donation pledge forms to NSPB.



Mr S K Nair, Secretary General of NSPB said that the NSPB is very shortly starting its state of the art eye Hospital in Karkardooma, East Delhi which will provide best in eye care, particularly for the poor and the destitute. This is one of the steps that NSPB is taking to take forward its vision that no one is needlessly blind. The funding of the activities of NSPB is entirely through charity, donations, and support of philanthropists, he said.



National Hqrs. had also given two awards to the Best District branches of NSPB-India viz. Panchmahal District branch and Purba Medinipur District branch. The selection is made on the basis of the work done/activities carried out by the branches in their regions for preventing blindness. The other awardees are:-

**1. Dr. SANDEEP MITHAL, FORMER PRINCIPAL HOD OPHTHALMOLOGY MEERUT MEDICAL COLLEGE, MEERUT (U.P.)**



DR. SANDEEP MITHAL is a renowned Ophthalmologist from Meerut, Uttar Pradesh. He was the Principal of LLRM Medical College, Meerut and also Head of Ophthalmology. His research in various Ophthalmology areas have been widely acclaimed across the world.

**2. Dr. SADHU-RAM GUPTA, UK**

Dr. Sadhu-Ram Gupta from Glasgow, UK is an internationally acclaimed Ophthalmic Surgeon & Philanthropist.. Dr. Sadhu-Ram ji has been supporting the NSPB's charity and efforts in the remote areas of Himachal Pradesh and helping NSPB give the Gift of Sight to the poor and the less privileged in Himachal.



Dr. Sadhu-Ram ji has supported NSPB in upgrading its medical facilities and infrastructural amenities at its Hospital in Raison. Today, with his support NSPB's eye hospital in Raison, Himachal Pradesh is recognized as a center of excellence in eye care.

**3. Dr. VINOD KUMAR TEWARI**

DR. VINOD KUMAR TEWARI belongs to Uttarakhand. He has done his MS in Ophthalmology from from KG Medical College Lucknow. He has worked as Chief Eye Surgeon &HOD at GM Modi Hospital (NSPB) Modinagar for 10 yrs and has several international academic laurels to his credit.



He has been very actively involved in Clinical and academic activities and is an acclaimed trainer for Ophthalmologic Surgeries, having performed more than one lac cataract surgeries. DrTewari still continues to work actively in community ophthalmology and doing charitable activities by giving the Gift of Sight.

**4. Dr. RAJINDER TRISAL**

DR. RAJINDER TRISAL, completed his M S Ophthalmology from the Government Medical College, Srinagar, J&K in the year 1989. He was trained as a Community Ophthalmic Surgeon at Ginni Modi Ophthalmic Research Centre, Modinagar for 19 years, which he headed for several years. His dynamic leadership and missionary spirit helped the hospital to become one of the leading institutions of the region providing quality eye care services to the under -privileged strata of the society.

Dr. Trisal is driven by the passion to work for the poor and

deprived sections of the society which has taken him to various parts of the country. His pioneering work in the project - Community Based Rehabilitation in collaboration



with Sight Savers International (U K) has earned him much acclaim, particularly in Giving the Gift of Sight by engaging in 1200 eye transplant or keratoplasty.

**5. SHRI RAJIV BHATIA**

SHRI RAJIV BHATIA is the Founder President of Rotary Club of Yamuna Nagar Riviera Former Chairman of Rotary Yamuna Nagar Riviera Eye Donation Centre, Secretary of Dayanand Education Trust and Life member of Baal Anaath Ashram (an orphanage).



Mr Bhatia has been the moving force behind the most successful eye donation campaigns in the area. His untiring efforts have resulted in hundreds of eye donations, besides creating an awareness amongst people to donate their eyes. He has addressed scores of meetings and public programs advocating the Gift of Sight. Besides this, Mr Bhatia has organized several eye

camps, free eye check up for thousands of poor children and distribution of free spectacles to the poor.

**6. MOHAN LAL ARORA  
(Shakti Eye Bank)**

SHRI MOHAN LAL ARORA joined Shri Shakti Sewa Dal in 1982 and today he is the President of the Organization. Shri Arora and his organization have been instrumental in the organizing hundreds of eye donations and enabling the gift of Sight.



The Shakti Eye Bank has collected more than 3500 cornea which has helped the visually challenged to have the Gift of Sight. They have created a record of collecting the highest number of eye donations in Delhi NCR.

**7. SHRI SUDHIR GUPTA  
(Dadhichi Dehdaan Samiti)**

SHRI SUDHIR GUPTA is the Vice-President and Founder Member of the NGO Dadhichi Dehdaan Samiti. Shri Gupta and his team have been relentlessly and selflessly working and advocating the cause of organ donation. Shri Gupta has campaigns have resulted in hundreds of organ donation.





In the field of community Ophthalmology Shri Gupta and his organization have collected and harvested hundreds of eyes and helping in the Gift of Sight. Shri Sudhir Gupta and his team of selfless workers have an onerous task of convincing the relatives of the people who are no more, to donate their eyes.

#### 8. SHRIANAND PRAKASH BANSAL

SHRIAP BANSAL has been working for the last 48 years with the NSPB at its Head Office in various capacities. In fact he is one of the oldest employees of the Society.



He has been one of the pillars of strength for the NSPB and continues to work with diligence and dedication even today, looking after the Finance and Accounts functions. Mr. Bansal is a team worker and leader in his own right. NSPB acknowledges his several decades of contribution.

#### 9. SHRIDENNIS KENDALL

SHRI DENNIS KENDALL has been one of the pillars and torch bearers of NSPB's community ophthalmic program at the Raison Eye Hospital, Kullu as Incharge of the Hospital. He has been instrumental in single handedly organizing several successful eye camps in Kullu and surrounding areas. Today the Raison Eye Hospital has been synonymous with Community Ophthalmology in the area and people look forward to resolving their eye problems in NSPB camps that Shri Kendall helps organize. Has been helping NSPB for the last 43 years.

#### 10. SHRI BACHI RAM GAUR

SHRI BACHI RAM GAUR was part of the team at GMCORC that has delivered excellent Community Ophthalmic care to the poor and the needy. Over the last several decades Mr Gaur has helped organize several eye camps and has been assisting Ophthalmologists in their surgical interventions and procedures, doing his important role in giving the Gift of Sight.



His contribution to the NSPB's Gift of Sight program is commendable even though he was a silent background staff.

#### 11. Dr. DEVENDRA K MODI

DR. DEVENDRA K MODI, Scion of the Modi Family is a noted Educationist and Philanthropist. He has greatly contributed to the cause of Community Ophthalmology in Modinagar and surrounding areas and helped thousands of poor and destitute with the Gift of Sight. He was instrumental in giving opportunities to upcoming Ophthalmologists and Surgeons and encouraging them to work selflessly for the benefit of the visually challenged.





**12. PANCHMAHAL DISTRICT BRANCH, GODHRA**

N.S.P.B.'s PANCHMAHAL DISTRICT BRANCH has been adjudged as the Best District Branch for the year 2016-2017 for its meritorious work in the field of Community Eye health care.



This Branch has done commendable work in the area of Removal of Childhood Blindness, Diagnostic Camps, Distribution of Free Spectacles, Special Diabetic camps for Retina Check up and Advocacy for the Prevention of Blindness.

**13. PURBA MEDINIPUR DIST. BRANCH, MECHADA**

The Purba Mednipur District Branch in West Bengal is one of the oldest Branches of NSPB. The branch is holding eye camps and screening of school children. During this year alone, 4116 patients were examined at weekly eye clinic and prescribed glasses, surgeries and procedures at its base hospital.



Thousands of poor and needy people have benefitted from the free services rendered by the Branch.



“In the eye, there is a type of junk that accumulates in the back of the retina that eventually causes us to go blind. It’s called age-related macular degeneration.”



## ACKNOWLEDGEMENT

- I. I express my gratitude to the Executive President, Vice-Presidents, Joint Secretaries and Treasurer for their cooperation and day-to-day assistance, which made my job more pleasant and light.
  - II. I am grateful to the Chairman of various Sub-Committees for their cooperation and help to activate their respective units.
  - III. I would like to gratefully acknowledge the help, support and co-operation of all the members of the Governing Council and Executive Committee given to me in the discharge of my duties.
  - IV. The Society is deeply indebted to H. E. The President of India, Hon'ble Vice-President of India, Hon'ble Prime Minister of India, Hon'ble Minister of Health and Family Welfare, Secretaries and other dignitaries of the Govt. of India and State Govts. for their blessings and good wishes conveyed from time to time, to encourage the Society.
  - V. The Society is grateful to the Director, All India Institute of Medical Sciences and Chief Dr. Rajendra Prasad Centre for Ophthalmic Sciences, Faculties and staff of these institutes for their cooperation and providing various facilities as and when required.
  - VI. I also thank the Directorate General of Health Services, Ministry of Health and Family Welfare and their officers for their support from time to time.
  - VII. The Society could not have made such achievements in creating awareness in the masses without active support of the media, electronic and print, AIR, T.V. and various newspapers. All of them deserve my gratitude for their support. I am especially grateful to Ministry of Information and Broadcasting for all this as well.
  - VIII. I would like to gratefully acknowledge the help/support both moral and finance and cooperation muted for the eye camps or otherwise to our Raison Eye Hospital, Raison, Kullu (HP) from District Authority specially from Deputy Commissioner, Chief Medical Officer and District Programme Manager, District Blindness Control Society, Kullu (HP) and Sight Savers (RCSB) to our branches for providing financial support to eye camps.
  - IX. The Society is highly grateful to all the donors for their donations to Society's various units either in cash or other kind to gear up the activities of the Society's units stationed in different states.
  - X. The Society is highly grateful to all the donors for their donations to the Society's various units especially M/s Stock Holding Corporation of India Ltd. Foundation, New Delhi, LIC India and M/s Appasamy Associates for the construction of the hospital at Karkardooma in East Delhi.
  - XI. Society is very much grateful to M/s Tata Trust donations for the equipment required for starting Karkardooma Hospital.
  - XII. I offer my gratitude to my colleagues in different states and district branches and other organizations working in the field for their cooperation in implementing the Society's units stationed in different states.
  - XIII. In the end, I express my extreme gratitude to the entire NSPB-India team for their selfless work, untiring cooperation, hard work and support which made hundreds of "Gift of Sight" possible.
- I would like to thank all those whose services, I might have missed to acknowledge.

**(S.K. NAIR)**  
SECRETARY GENERAL

**B.B.CHAUDHRY & CO.  
CHARTERED ACCOUNTANTS**

Z-8 HAUZ KHAS, NEW DELHI-16, Ph. 26564451,41015630, 26850525, Fax: 42657720

Ref. No.....

Dated 22.08.2018

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS-INDIA  
NOTES ON ACCOUNTS FOR THE YEAR ENDING 31.03.2018**

**SIGNIFICANT ACCOUNTING POLICIES**

**1. SYSTEM OF ACCOUNTING**

The Society is maintaining its accounts relating to its activities on mercantile basis.

**2. FIXED ASSETS & DEPRECIATION**

Fixed Assets are stated at cost. The Depreciation on fixed assets has been provided as per W.D.V. method.

**3. INVESTMENTS**

There is no Investment in this year.

**4. CONTINGENT LIABILITIES**

There are no contingent liabilities in this year.

**5. PRIOR PERIOD ITEMS**

There are no contingent liabilities in this year.

**6. INCOME OR LOSS FROM ORDINARY ACTIVITIES**

There is an income over expenditure of Rs. 2,45166.12 from the ordinary activities of the Society.

**7. EXTRA ORDINARY ITEMS**

There is no extra ordinary items during the year.

**PLACE: NEW DELHI**

**DATE: 22-08-2018**

**For B.B.Chaudhry & Company  
Chartered Accountants**

**SD/-**

**B.B. CHAUDHRY  
PROP.**

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA**  
**DR. RAJENDRA PRASAD CENTRE FOR OPHTHALMIC SCIENCES**  
**CONSOLIDATED BALANCE SHEET AS AT 31.03.2018**

PREVIOUS YR.	LIABILITIES	CURRENT YR.	PREVIOUS YR.	ASSETS	CURRENT YR.
49,953,161.42	<b>GENERAL FUND</b> BALANCE AS PER LAST YEAR ADD:- LIFE MEMBERSHIP FEE RECEIVED	49,953,161.42 3,150.00	6,567,191.00 3,936,665.00	<b>FIXED ASSETS</b> (AS PER SCHEDULE ATTACHED) "A" LAND AT KARKARDOOMA	7,276,797.00 3,936,665.00
1,100,000.00	ADD:- EXCESS OF INCOME OVER EXPENDITURE T/F FROM INCOME & EXPENDITURE A/C	50,201,477.54	23,607,620.50 222,801.00	BUILDING UNDER CONSTRUCTION AT KARKARDOOMA BOUNDARY WALL & BUILDING UNDER CONSTRUCTION AT GOLE MARKET	24,000,278.65 222,801.00
2,635,823.00	EMERGENCY RESERVE FUND	1,100,000.00	729,334.00	LAND AT GOLE MARKET	729,334.00
2,635,823.00	GRATUITY FUND	2,138,952.00	2,635,823.00	GRATUITY FUND INVESTMENT	2,138,952.00
100,000.00	<b>RETENTION MONEY</b>	-	1,100,000.00	EMERGENCY FUND INVESTMENT	1,100,000.00
250,000.00	1. KAMAL ENTERPRISES	100,000.00	3,019,891.00	<b>SUNDRY DEBTORS</b> (AS PER SCHEDULE ATTACHED) "A"	3,023,286.00
1,500.00	2. AMARDEEP CONSTRUCTION	250,000.00	10,045,891.62	<b>CASH &amp; BANK, FIXED DEPOSITS</b> (AS PER SCHEDULE ATTACHED) "B"	9,483,169.40
822,217.00	3. OT ADVANCE	-	542,542.00	<b>IMPREST A/C</b> (AS PER SCHEDULE ATTACHED) "C"	850.00
175,000.00	<b>CURRENT LIABILITIES, LOANS &amp; ADVANCES</b>	-	850.00	<b>LOANS &amp; ADVANCES</b>	468,000.00
29,770.00	SUNDRY CREDITORS	193,850.00	405,461.00	INTEREST ACCRUED ON FDR	90,000.00
2,400.00	ADVANCE RECD. AGAINST C.L.R.U.	500.00	1,500.00	SECURITY WITH BSES	1,500.00
165,111.00	ADVANCE RECD. AGAINST O.R.U.	246,313.00	28,160.00	SECURITY WITH TATA POWER	70,664.00
26,207.00	ADVANCE RECD. AGAINST O.R.U. (MOTI NAGAR)	-	95,900.00	PREPAID EXPENSES	-
135,445.00	<b>EXPENSES PAYABLE</b>	97,200.00	918,514.80	TDS FOR THE AY 2016-17	885,710.80
10,932.00	SALARY PAYABLE	10,051.00	126,729.00	ADVANCE LEASE RENT & REGN. FEE PAID FOR 30 YEARS	126,729.00
15,332.00	VAT PAYABLE	11,088.00	-	TDS FOR THE AY 2017-18	75,630.00
1,512.00	PROFESSIONAL CHARGES PAYABLE	1,358.00	457.00	TDS FOR THE AY 2018-2019	36,660.69
13,000.00	ESIC PAYABLE	30,000.00	-	GST INPUT	1,755,351.49
15,332.00	TDS PAYABLE	-	475,000.00	SECURITY DEPOSIT( MANAGEMENT BOARD RAISON EYE HOSP)	457.00
1,512.00	TELEPHONE CHARGES PAYABLE	22,388.00	-	S.K.INTERIORS	-
13,000.00	ELECTRICITY, WATER & TELEPHONE	11,194.00	432,837.00	<b>CLOSING STOCK</b> (AS PER SCHEDULE ATTACHED) "D" (VALUED AT COST AND AS CERTIFIED BY THE MANAGEMENT)	1,292,174.00
21,814.00	CHARGES PAYABLE (MOTI NAGAR)	3,245.00	55,523,360.42	<b>TOTAL RS.</b>	<b>54,959,658.54</b>
8,861.00	SECURITY CHARGES PAYABLE	-	55,523,360.42	<b>TOTAL RS.</b>	<b>54,959,658.54</b>
-	LABOUR CHARGES PAYABLE	-	55,523,360.42	<b>TOTAL RS.</b>	<b>54,959,658.54</b>
55,275.00	LEGAL CHARGES PAYABLE	-	55,523,360.42	<b>TOTAL RS.</b>	<b>54,959,658.54</b>
55,275.00	GROUND RENT PAYABLE	-	55,523,360.42	<b>TOTAL RS.</b>	<b>54,959,658.54</b>
<b>55,523,360.42</b>	<b>TOTAL RS.</b>	<b>54,959,658.54</b>	<b>55,523,360.42</b>	<b>TOTAL RS.</b>	<b>54,959,658.54</b>

AUDIT REPORT  
AS PER OUR SEPARATE REPORT OF EVEN DATE ATTACHED  
FOR B.B. CHAUDHRY & COMPANY CHARTERED ACCOUNTANTS

PLACE: NEW DELHI  
DATE: 22 - 08 - 2018

SD/-  
(ACCOUNT OFFICER)

SD/-  
TREASURER

SD/-  
SECRETARY GENERAL

SD/-  
B.B. CHAUDHRY  
PROP.

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA**  
**DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCES**  
**CONSOLIDATED INCOME & EXPENDITURE A/C FOR THE YEAR ENDING 31.03.2018**

PREVIOUS YR.	EXPENDITURE	CURRENT YR.	PREVIOUS YR.	INCOME	CURRENT YR.
515,834.00	TO GRANT PAID	443,000.00	4,200.00	BY SUBSCRIPTION FEE (INSTITUTIONAL)	4,500.00
255,776.00	TO EYE CAMP EXPENDITURE	302,104.00	4,200.00	BY ADMISSION FEE	150.00
23,413.00	TO ANNUAL MEETING EXP.	38,730.00	-	BY ADVERTISEMENT FOR HAMARI ANKHEN	10,000.00
-	TO TRANSPORT & MAINTENANCE CHARGES	18,859.00	218,530.00	BY REGISTRATION (SCHEUDLE "AA")	378,760.00
27,328.00	TO TELEPHONE CHARGES (SCHEUDLE "E")	18,500.00	419,280.00	BY REFRACTION	217,400.00
38,852.00	TO HAMARI ANKHEN PRINTING	18,500.00	1,265,900.00	BY OPERATION CHARGES (SCHEUDLE "BB")	1,282,200.00
54,994.00	TO RESEARCH PUBLICATION EXP.	48,873.00	109,250.00	BY MINOR TREATMENT	77,800.00
2,534,932.00	TO SALARY & INCENTIVES PAID TO STAFF	3,518,117.00	9,750.00	BY REGISTRATION FEE FROM PRIVATE OPD	9,200.00
1,552,808.00	(AS PER SCHEDULE "F" ATTACHED)	1,459,006.00	1,269,931.00	BY DONATION RECEIVED (SCHEUDLE "CC")	975,173.16
8,300.00	TO PROFESSIONAL CHARGES PAID	1,515,571.50	300,000.00	BY DONATION FOR EYE CAMP	183,000.00
1,052,943.50	(AS PER SCHEDULE "G" ATTACHED)	6,057,848.00	49,792.17	BY MISC. RECEIPTS	45,699.11
4,880,709.00	OPENING STOCK	1,515,571.50	994,597.00	BY INTEREST RECD. (SCHEDULE "DD")	913,588.68
2,132,565.00	(AS PER SCHEDULE "H" ATTACHED)	652,348.00	617,467.00	BY COMPENSATION RECEIVED FOR COMPULSORY	-
99,997.00	PURCHASE LOCAL	83,971.00	11,523,420.05	ACQUISITION OF LAND FOR N.H.	12,417,915.80
36,021.00	(AS PER SCHEDULE "I" ATTACHED)	33,418.00	286,292.75	BY LOCAL SALES (AS PER SCHEDULE "EE" ATTACHED)	-
29,183.00	PURCHASE CENTRAL	35,576.00	85,000.00	BY LOCAL SALES @ 12.50%	-
6,231.90	(AS PER SCHEDULE "J" ATTACHED)	107,364.00	-	BY GRANT RECD.	30,300.00
184,949.00	TO CONVEYANCE EXP. ( SCHEUDLE "K")	2,364.00	-	BY SUBSCRIPTION FEE FROM MEMBERS	6,230.00
2,267.00	TO PRINTING & STATIONERY EXP. (SCHEUDLE "L")	110,345.00	-	BY INTEREST RECEIVED ON INCOME TAX REFUND	6,445.48
10,360.00	TO POSTAGE CHARGES (SCHEDULE "M")	1,083,059.00	1,515,571.50	BY INTEREST RECEIVED ON ELECTRICITY SECURITY	-
43,180.00	TO BANK CHARGES ( SCHEDULE "N")	59,734.00	-	BY CLOSING STOCK	1,292,174.00
80,507.00	TO ORU EXP.	238,242.00	-	(AS PER SCHEDULE ATTACHED)	-
607,889.00	TO CLRU EXP.	101,500.00	-	-	-
22,310.00	TO ORU MOTI NAGAR EXP.	118,360.00	-	-	-
259,492.00	TO MISC. EXP. (SCHEDULE "O")	64,043.00	-	-	-
71,500.00	TO ESIC PAID	110,993.00	-	-	-
124,226.00	TO DEPRECIATION (SCHEDULE "P")	14,500.00	-	-	-
49,374.00	TO WEBSITE EXP.	157,595.00	-	-	-
53,494.00	TO INSURANCE EXP (SCHEDULE "Q")	39,417.00	-	-	-
56,476.00	TO SECURITY EXP.	66,932.00	-	-	-
24,100.00	TO LEGAL & PROFESSIONAL CHARGES PAID	19,311.00	-	-	-
250,807.00	TO GROUND RENT PAID FOR KARKARDOOMA	75,155.00	-	-	-
39,417.00	TO LABOUR CHARGES PAID	130,598.00	-	-	-
14,440.00	TO ANNUAL MAINTENANCE CHARGES	86,278.00	-	-	-
56,476.00	TO MEDICINE EXP (SCHEDULE "R")	106,825.00	-	-	-
24,100.00	TO LASER EXPENSES	245,147.00	-	-	-
250,807.00	TO ELECTRICITY & WATER EXPENSES (SCHEUDLE "S")	645.00	-	-	-
39,417.00	TO HOUSE TAX PAID (MOTI NAGAR)	88,830.00	-	-	-
14,440.00	TO REPAIR & MAINTENANCE EXP	62,783.00	-	-	-
20,763.00	TO CLEANING & WASHING CHARGES	2,100.00	-	-	-
56,382.00	TO TA & DA EXPENSES	245,166.12	-	-	-
19,225.00	TO INSTRUMENT REPAIR CHARGES	17,850,536.23	-	-	-
100,733.00	TO GRATUITY ACCOUNT	18,673,181.47	-	-	-
211,877.00	TO HOUSE TAX PAID (KARKARDOOMA)	17,850,536.23	-	-	-
32,838.00	TO LEASE RENT AND REGISTRATION (SCHEUDLE "T")	86,278.00	-	-	-
58,852.00	TO VEHICLE RUNNING EXPENSES	106,825.00	-	-	-
167,352.00	TO BUILDING REPAIR & MAINTENANCE EXPENSES	645.00	-	-	-
-	TO ENTERTAINMENT EXPENSES	88,830.00	-	-	-
43,905.00	TO KITCHEN PROVISION	62,783.00	-	-	-
914,038.00	TO PROVISION FOR GRATUITY	2,100.00	-	-	-
787.00	TO TRIAL FRAME	245,166.12	-	-	-
35,097.00	TO HOSPITAL REGISTRATION A/C	17,850,536.23	-	-	-
1,805,039.07	TO EXCESS OF INCOME OVER EXPENDITURE	18,673,181.47	-	-	-
1,805,039.07	T/D TO INCOME & EXP. APP. A/C-	17,850,536.23	18,673,181.47	TOTAL RS.	17,850,536.23
18,673,181.47	TOTAL RS.	17,850,536.23	18,673,181.47	TOTAL RS.	17,850,536.23

PLACE: NEW DELHI  
DATE: 22 - 08 - 2018

(ACCOUNT OFFICER)      SD/-  
TREASURER

SECRETARY GENERAL      SD/-  
B.B. CHAUDHRY  
PROP.

AUDIT REPORT  
AS PER OUR SEPARATE REPORT OF EVEN DATE ATTACHED  
FOR B.B. CHAUDHRY & COMPANY CHARTERED ACCOUNTANTS

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA**  
**DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCE, NEW DELHI**  
**SCHEDULE "A" OF FIXED ASSETS & FORMING PART OF BALANCE SHEET AS AT 31.03.2018**

W.D.V. AS ON 01.04.2017	PARTICULARS	RATE OF DEP.	ORIGINAL COST	PURCHASE DURING THE YR.		DEDUCTION FROM ASSETS	ASSETS WRITTEN OFF	TOTAL COST	DEP. UP TO 31.03.2017	DEP. DURING THE YR.	DEP. ADJUSTED.	TOTAL DEP.	WDV AS ON 31.03.2018
				01.04.17 TO 30.09.2017	01.10.17 TO 31.03.2018								
15,663.00	AIR CONDITIONER & COOLER	15%	35,300.00	-	-	-	-	35,300.00	19,637.00	2,349.00	-	21,986.00	13,314.00
11,973.00	OPHTHALMOSCOPE	15%	21,525.00	-	-	-	-	21,525.00	9,552.00	1,796.00	-	11,348.00	10,177.00
92,783.00	AUTO LENSOMETER	15%	150,000.00	-	-	-	-	150,000.00	57,217.00	13,917.00	-	71,134.00	78,866.00
3,501.00	LINEN	15%	19,541.90	-	-	-	-	19,541.90	16,040.90	525.00	-	16,565.90	2,976.00
19,176.00	INSTRUMENT(MOTI NAGAR)	15%	161,167.90	-	-	-	-	161,167.90	141,991.90	2,876.00	-	144,867.90	16,300.00
8,735.00	FURNITURE (MOTI NAGAR)	10%	150,969.42	-	-	-	-	150,969.42	142,234.42	874.00	-	143,108.42	7,861.00
79,274.00	AUTO REFRACTOMETER (MOTI NAGAR)	15%	247,287.00	-	-	-	-	247,287.00	168,013.00	11,891.00	-	179,904.00	67,383.00
1,788.00	SURGICAL INSTRUMENT	15%	13,443.00	-	-	-	-	13,443.00	11,655.00	268.00	-	11,923.00	1,520.00
20,981.00	OPERATING MICROSCOPE (MOTI NAGAR)	15%	350,000.00	-	-	-	-	350,000.00	329,019.00	3,147.00	-	332,166.00	17,834.00
1,799.00	CARDIAC MONITOR (MOTI NAGAR)	15%	30,000.00	-	-	-	-	30,000.00	28,201.00	270.00	-	28,471.00	1,529.00
52,510.00	A .SCAN	15%	129,554.00	-	-	-	-	129,554.00	77,044.00	7,877.00	-	84,921.00	44,633.00
3,565.00	UPS	15%	6,027.00	2,194.00	-	-	-	8,221.00	2,462.00	864.00	-	3,326.00	4,895.00
29,337.00	APPA DIGITAL PHACO APP 2000 (MOTI NAGAR)	15%	275,000.00	-	-	-	-	275,000.00	245,663.00	4,401.00	-	250,064.00	24,936.00
2,994.00	INVERTOR (MOTI NAGAR)	15%	19,200.00	-	-	-	-	19,200.00	16,206.00	449.00	-	16,655.00	2,545.00
11,308.00	DEPHITHON	15%	106,000.00	-	-	-	-	106,000.00	94,692.00	1,696.00	-	96,388.00	9,612.00
2,329.00	AIR CONDITIONER (MOTI NAGAR)	15%	21,835.00	-	-	-	-	21,835.00	19,506.00	349.00	-	19,855.00	1,980.00
1.00	MARUTI VAN (RAISON)	15%	1.00	-	-	-	-	1.00	-	-	-	-	1.00
1.00	TATA SUMO AMBULANCE	15%	1.00	-	-	-	-	1.00	-	-	-	-	1.00
19,282.00	OPHTHALMIC COMPLETE REFRACTION UNIT	15%	90,000.00	-	-	-	-	90,000.00	70,718.00	2,892.00	-	73,610.00	16,390.00
156,274.00	COLD PHOCO	15%	620,000.00	-	-	-	-	620,000.00	463,726.00	23,441.00	-	487,167.00	132,833.00
9,641.00	APPA APPLICATION TONO METER	15%	45,000.00	-	-	-	-	45,000.00	35,359.00	1,446.00	-	36,805.00	8,195.00
8,570.00	SLIT LAMP A/A	15%	40,000.00	-	-	-	-	40,000.00	31,430.00	1,286.00	-	32,716.00	7,284.00
<b>551,485.00</b>	<b>C/O</b>		<b>2,531,852.22</b>	<b>2,194.00</b>	-	-	-	<b>2,534,046.22</b>	<b>1,980,367.22</b>	<b>82,614.00</b>	-	<b>2,062,981.22</b>	<b>471,065.00</b>

W.D.V. AS ON 01.04.2017	PARTICULARS	RATE OF DEP.	ORIGINAL COST	PURCHASE DURING THE YR.		DEDUCTION FROM ASSETS	ASSETS WRITTEN OFF	TOTAL COST	DEP. UP TO 31.03.2017	DEP. DURING THE YR.	DEP. ADJUSTED.	TOTAL DEP.	W.D.V. AS ON 31.03.2018
				01.04.17 TO 30.09.2017	01.10.17 TO 31.03.2018								
551,485.00	B/F		2,531,852.22	2,194.00	-	-	-	2,534,046.22	1,980,367.22	82,614.00	-	2,062,981.22	471,065.00
4,371.00	THREE MIRROR GONIOSCOPY LENSES	15	20,400.00	-	-	-	-	20,400.00	16,029.00	656.00	-	16,685.00	3,715.00
24,945.00	STREAK RETINOSCOPE WITH OPHTHALMIC SCOPE	15	38,695.00	-	-	-	-	38,695.00	13,750.00	3,742.00	-	17,492.00	21,203.00
164,653.00	BUILDING AT RAISON EYE HOSPITAL	10	500,000.00	-	-	-	-	500,000.00	335,347.00	16,465.00	-	351,812.00	148,188.00
5,375.00	TONO METER	15	9,310.00	-	-	-	-	9,310.00	3,935.00	806.00	-	4,741.00	4,569.00
539,638.00	NSPB MOTI NAGAR HOSPITAL BUILDING	10	1,638,704.30	885,320.00	-	-	-	2,524,024.30	1,099,066.30	142,496.00	-	1,241,562.30	1,282,462.00
2,069.00	AQUA GUARD (MOTI NAGAR)	15	7,590.00	-	-	-	-	7,590.00	5,521.00	310.00	-	5,831.00	1,759.00
7,155.00	A C (ORU)	15	27,400.00	-	-	-	-	27,400.00	20,245.00	1,073.00	-	21,318.00	6,082.00
11,118.00	LENSE METER (ORU)	15	40,800.00	-	-	-	-	40,800.00	29,682.00	1,668.00	-	31,350.00	9,450.00
7,533.00	FURNITURE (ORU)	10	17,500.00	5,800.00	-	-	-	23,300.00	9,967.00	1,333.00	-	11,300.00	12,000.00
276,215.00	FURNITURE & FIXTURE (ORU)	10	607,893.00	-	-	-	-	607,893.00	331,678.00	27,622.00	-	359,300.00	248,593.00
1,737.00	INDIRECT LENS (MOTI NAGAR)	15	6,120.00	-	-	-	-	6,120.00	4,383.00	261.00	-	4,644.00	1,476.00
3,404.00	INDIRECT OPHTHALMOSCOPE (MOTI NAGAR)	15	10,620.00	-	-	-	-	10,620.00	7,216.00	511.00	-	7,727.00	2,893.00
15,664.00	EDGING MACHINE	15	26,194.00	-	-	-	-	26,194.00	10,530.00	2,350.00	-	12,880.00	13,314.00
15,407.00	APPLATON TONOMETER	15	37,539.00	-	-	-	-	37,539.00	22,132.00	2,311.00	-	24,443.00	13,096.00
3,307.00	COOLER	15	6,850.00	-	-	-	-	6,850.00	3,543.00	496.00	-	4,039.00	2,811.00
4,829.00	ATTENDANCE PUNCHING MACHINE (NSPB)	15	10,000.00	-	-	-	-	10,000.00	5,171.00	724.00	-	5,895.00	4,105.00
4,829.00	ATTENDANCE PUNCHING MACHINE (MOTI NAGAR)	15	10,000.00	-	-	-	-	10,000.00	5,171.00	724.00	-	5,895.00	4,105.00
7,484.00	WATER COOLER	15	15,500.00	-	-	-	-	15,500.00	8,016.00	1,123.00	-	9,139.00	6,361.00
4,346.00	TALLY SOFTWARE	15	9,000.00	-	-	-	-	9,000.00	4,654.00	652.00	-	5,306.00	3,694.00
1,228.00	WALL FAN	15	1,700.00	-	-	-	-	1,700.00	472.00	184.00	-	656.00	1,044.00
252,875.00	MICROSCOPE ZESS (RAISON)	15	350,000.00	-	-	-	-	350,000.00	97,125.00	37,931.00	-	135,056.00	214,944.00
6,918.00	AUTOCLAVE (MOTI NAGAR)	15	8,799.00	-	-	-	-	8,799.00	1,881.00	1,038.00	-	2,919.00	5,880.00
188,300.00	GENERATOR SET	15	188,300.00	-	-	-	-	188,300.00	1,881.00	28,245.00	-	28,245.00	160,055.00
144,690.00	SPLIT LAMP APPLATION TONO METER WITH MOTORIZED TABLE	15	144,690.00	-	-	-	-	144,690.00	-	21,704.00	-	21,704.00	122,986.00
32,754.00	LED I CHART MODEL LITE	15	32,754.00	-	-	-	-	32,754.00	-	4,913.00	-	4,913.00	27,841.00
89,040.00	APPA OPHTHALMOSCOPE REFRACTION UNIT WITH SURGEON STOOL & VISION DRUM	15	89,040.00	-	-	-	-	89,040.00	-	13,356.00	-	13,356.00	75,684.00
200,340.00	APPA SCAN ( TOUCH SCREEN)	15	200,340.00	-	-	-	-	200,340.00	-	30,051.00	-	30,051.00	170,289.00
15,750.00	TRIAL SET WITH TRIAL FRAME	15	15,750.00	280.00	-	-	-	16,030.00	-	2,405.00	-	2,405.00	13,625.00
1,300,000.00	NEDEK PHACO EMULSIFICATION SYSTEM	15	1,300,000.00	-	-	-	-	1,300,000.00	-	195,000.00	-	195,000.00	1,105,000.00
525,000.00	OPERATION MICROSCOPE	15	525,000.00	-	-	-	-	525,000.00	-	78,750.00	-	78,750.00	446,250.00
315,000.00	AUTO REF-KEROMETER	15	315,000.00	-	-	-	-	315,000.00	-	47,250.00	-	47,250.00	267,750.00
120,750.00	DIGITAL LENSOMETER	15	120,750.00	-	-	-	-	120,750.00	-	18,113.00	-	18,113.00	102,637.00
-	PRINTER	15	-	24,675.00	-	-	-	24,675.00	-	9,870.00	-	9,870.00	14,805.00
-	DESKTOP	40	-	45,150.00	-	-	-	45,150.00	-	18,060.00	-	18,060.00	27,090.00
-	VISION TESTING EQUIPMENT( MOTI NAGAR)	40	-	-	15,000.00	-	-	15,000.00	-	1,125.00	-	1,125.00	13,875.00
-	SLIDES( MOTI NAGAR)	15	-	2,500.00	-	-	-	2,500.00	-	188.00	-	188.00	2,312.00
-	AUTO PERIMETER ( MOTI NAGAR)	15	-	400,000.00	-	-	-	400,000.00	-	30,000.00	-	30,000.00	370,000.00
-	UPS ( MOTI NAGAR)	15	-	4,350.00	-	-	-	4,350.00	-	326.00	-	326.00	4,024.00
-	AUTO PERIMETER	15	-	400,000.00	-	-	-	400,000.00	-	-	-	-	400,000.00
4,848,209.00	TOTAL (RS.)		8,864,090.52	963,419.00	821,850.00	-	-	10,649,359.52	4,015,881.52	826,446.00	-	4,842,327.52	5,807,038.00

5,807,032.00  
1,469,765.00  
7,276,797.00

N.S.P.B  
MANAGEMENT BOARD, RAISON EYE HOSPITAL  
TOTAL

**NATIONAL SOCIETY FOR THE PREVENTION OF BLINDNESS - INDIA**  
**DR. RAJENDRA PRASAD CENTER FOR OPHTHALMIC SCIENCES**  
**CONSOLIDATED ANNEXURES FORMING PART OF BALANCE SHEET FOR THE YEAR ENDING 31.03.2018**

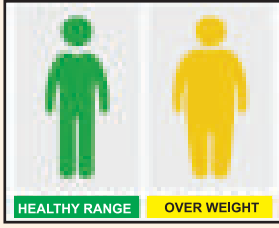
	31.03.2018 <u>AMOUNT (Rs.)</u>	31.03.2017 <u>AMOUNT (Rs.)</u>
<b>DETAILS OF SUNDRY DEBTORS (SCHEDULE "A")</b>		
1. ESI DELHI	2,839,989.00	2,839,989.00
2. ESI NOIDA	179,902.00	179,902.00
3. CLRU	3,395.00	-
	<u>3,023,286.00</u>	<u>3,019,891.00</u>
<b>DETAILS OF CASH &amp; BANK BALANCES (SCHEDULE "B")</b>		
1. CASH IN HAND	119,604.10	57,983.47
2. BALANCE WITH ANSARI NAGAR A/C-587362	632,417.28	1,113,716.07
3. BALANCE WITH SBI ANSARI NAGAR A/C-587066	10,669.57	773,274.41
4. BALANCE WITH SBI ANSARI NAGAR A/C-591549	15,077.67	14,535.67
5. FIXED DEPOSIT WITH STATE BANK OF INDIA	7,698,269.00	7,354,617.00
6. CASH IN HAND ( MANAGEMENT BOARD RAISON EYE HOSPITAL)	50.00	5.00
7. BALANCE WITH UCO BANK A/C NO.1746	358,496.00	731,760.00
8. FDR'S OF MANAGEMENT BOARD RAISON EYE HOSPITAL	500,000.00	-
9. YES BANK	148,585.78	-
	<u>9,483,169.40</u>	<u>10,045,891.62</u>
<b>DETAILS OF IMPREST ACCOUNT (SCHEDULE "C")</b>		
1. SH. SANJEEV BHARGAVA	500.00	500.00
2. SH VK SANGHAI	100.00	100.00
3. SH. SABAR SINGH	250.00	250.00
	<u>850.00</u>	<u>850.00</u>
<b>DETAILS OF CLOSING STOCK (SCHEDULE "D")</b>		
1. ORU	1,110,743.00	1,265,198.00
2. CLRU	119,737.00	191,442.00
3. ORU (MOTI NAGAR)	7,324.00	18,733.50
4. LOW VISION AIDS	54,370.00	40,198.00
	<u>1,292,174.00</u>	<u>1,515,571.50</u>
<b>DETAILS OF TELEPHONE CHARGES (SCHEDULE "E")</b>		
1. N.S.P.B, DELHI	16,193.00	22,790.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	2,666.00	4,538.00
	<u>18,859.00</u>	<u>27,328.00</u>
<b>DETAILS OF SALARY &amp; WAGES (SCHEDULE "F")</b>		
1. N.S.P.B, DELHI	3,290,617.00	2,300,432.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	227,500.00	234,500.00
	<u>3,518,117.00</u>	<u>2,534,932.00</u>
<b>DETAILS OF PROFESSIONAL CHARGES (SCHEDULE "G")</b>		
1. SH. AP BANSAL	404,000.00	300,000.00
2. SH. NK SINHA	80,000.00	88,000.00
3. DR. EKTA JAIN	528,006.00	671,345.00
4. DR. RAJESH VAISH	276,000.00	323,963.00
5. V.K. SHINGARI	168,000.00	168,000.00
6. DR. RAJESH TALWAR	3,000.00	1,500.00
	<u>1,459,006.00</u>	<u>1,552,808.00</u>



	31.03.2018 AMOUNT (Rs.)	31.03.2017 AMOUNT (Rs.)
<b>DETAILS OF OPENING STOCK (SCHEDULE "H")</b>		
1.ORU	1,265,198.00	860,020.00
2.CLRU	191,442.00	101,948.00
3.LOW VISION AID	40,198.00	61,124.00
4. ORU (MOTI NAGAR)	18,733.50	29,851.50
	<u>1,515,571.50</u>	<u>1,052,943.50</u>
<b>DETAILS OF PURCHASES LOCAL (SCHEDULE "I")</b>		
1. ORU	3,460,343.00	3,714,746.00
2. CLRU	2,409,420.00	1,056,760.00
3.LOW VISION AID	88,000.00	-
4.ORU (MOTI NAGAR)	100,085.00	109,203.00
	<u>6,057,848.00</u>	<u>4,880,709.00</u>
<b>DETAILS OF PURCHASES CENTRAL (SCHEDULE "J")</b>		
1. ORU	34,251.00	535,222.00
2. CLRU	566,960.00	1,485,938.00
3.LOW VISION AID	51,137.00	-
4.ORU (MOTI NAGAR)	-	111,405.00
	<u>652,348.00</u>	<u>2,132,565.00</u>
<b>DETAILS OF CONVEYANCE EXPENSES (SCHEDULE "K")</b>		
1. N.S.P.B. DELHI	53,971.00	74,997.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	30,000.00	25,000.00
	<u>83,971.00</u>	<u>99,997.00</u>
<b>DETAILS OF PRINTING &amp; STATIONARY (SCHEDULE "L")</b>		
1. N.S.P.B. DELHI	31,574.00	30,066.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	1,844.00	5,955.00
	<u>33,418.00</u>	<u>36,021.00</u>
<b>DETAILS OF POSTAGE CHARGES (SCHEDULE "M")</b>		
1. N.S.P.B. DELHI	34,943.00	28,870.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	633.00	313.00
	<u>35,576.00</u>	<u>29,183.00</u>
<b>DETAILS OF BANK CHARGES (SCHEDULE "N")</b>		
1. N.S.P.B. DELHI	18,040.61	5,524.90
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	1,307.00	707.00
	<u>19,347.61</u>	<u>6,231.90</u>
<b>DETAILS OF MISC.EXPENSES (SCHEDULE "O")</b>		
1. N.S.P.B. DELHI	88,495.00	14,401.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	41,660.00	28,779.00
	<u>130,155.00</u>	<u>43,180.00</u>
<b>DETAILS OF DEPRECIATION (SCHEDULE "P")</b>		
1. N.S.P.B. DELHI	826,446.00	307,600.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	256,613.00	300,289.00
	<u>1,083,059.00</u>	<u>607,889.00</u>

	31.03.2018 AMOUNT (Rs.)	31.03.2017 AMOUNT (Rs.)
<b>DETAILS OF INSURANCE CHARGES (SCHEDULE "Q")</b>		
1. N.S.P.B. DELHI	31,064.00	61,618.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	28,670.00	-
	<u>59,734.00</u>	<u>61,618.00</u>
<b>DETAILS OF MEDICINE EXPENSES (SCHEDULE "R")</b>		
1. N.S.P.B. DELHI	11,189.00	16,268.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	99,804.00	37,226.00
	<u>110,993.00</u>	<u>53,494.00</u>
<b>DETAILS OF ELECTRICITY &amp; WATER EXPENSES (SCHEDULE "S")</b>		
1. N.S.P.B. DELHI	129,751.00	229,005.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	27,844.00	21,802.00
	<u>157,595.00</u>	<u>250,807.00</u>
<b>DETAILS OF LEASE RENT AND REGISTRATION (SCHEDULE "T")</b>		
1. N.S.P.B. DELHI	32,804.00	32,804.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	53,474.00	34.00
	<u>86,278.00</u>	<u>32,838.00</u>
<b>SCHEDULE INCOME</b>		
<b>DETAILS OF REGISTRATION (SCHEDULE "AA")</b>		
1. N.S.P.B. DELHI	354,800.00	198,950.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	23,960.00	19,580.00
	<u>378,760.00</u>	<u>218,530.00</u>
<b>DETAILS OF O.T.SURGERY CHARGES RECEIVED (SCHEDULE "BB")</b>		
1. N.S.P.B. DELHI	817,500.00	839,400.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	464,700.00	426,500.00
	<u>1,282,200.00</u>	<u>1,265,900.00</u>
<b>DETAILS OF DONATION RECEIVED (SCHEDULE "CC")</b>		
1. N.S.P.B. DELHI	781,761.16	1,202,331.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	193,412.00	67,600.00
	<u>975,173.16</u>	<u>1,269,931.00</u>
<b>DETAILS OF INTEREST RECEIVED (SCHEDULE "DD")</b>		
1. N.S.P.B. DELHI	884,413.68	990,119.00
2. MANAGEMENT BOARD, RAISON EYE HOSPITAL	29,175.00	4,478.00
	<u>913,588.68</u>	<u>994,597.00</u>
<b>DETAILS OF LOCAL SALES (SCHEDULE "EE")</b>		
1. ORU	7,421,854.20	7,468,879.85
2. CLRU	4,548,833.60	3,633,569.20
3. ORU (MOTI NAGAR)	260,520.00	228,747.00
4. LOW VISION AIDS	186,708.00	192,224.00
	<u>12,417,915.80</u>	<u>11,523,420.05</u>

# आयु से संबंधित मैकुलर डीजैनरेशन (ए.एम.डी.) को रोकने के लिए सावधानियाँ



शरीर को स्वस्थ रखने के लिए वजन का संतुलन बनाए रखें।



मेवे खाएँ



प्रतिदिन व्यायाम करें।



धूम्रपान वर्जित



ताजा हरी पत्तेदार सब्जियों का सेवन अत्यधिक करें।



वसा और कार्बोहाइड्रेट वाले खाद्य पदार्थों का सेवन सीमित रखें।



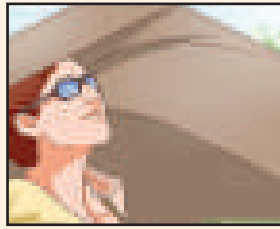
बीटा कैरोटीन और कैरोटीनोइड युक्त पौष्टिक आहार खाएँ, जैसे गाजर आदि समृद्ध खाद्य पदार्थ।



मछली और उन खाद्य पदार्थ का सेवन करें। जिनमें ओमेगा तेल भरपूर मात्रा में उपलब्ध मिलता है।



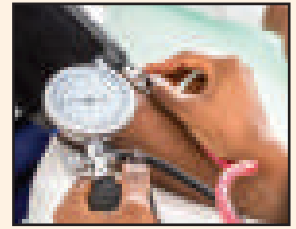
मीठी चीजों का सेवन कम करें और यदि आप मधुमेह से पीड़ित हैं तो उस पर नियंत्रण रखें।



यूवी किरणों के प्रत्यक्ष संपर्क से बचें। श्रेष्ठ गुणवत्ता का धूप का चश्मा पहनें।



ए.एम.डी. की खुराक लेने से पहले अपने नेत्र विशेषज्ञ से सलाह लें।

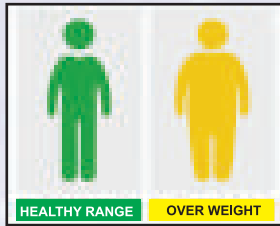


रक्तचाप और कोलेस्ट्रॉल को नियंत्रण में रखें।

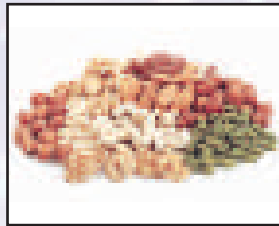
महत्वपूर्ण जानकारी : 50 वर्ष के बाद नियमित जाँच के लिए अपने नेत्र चिकित्सक के पास जाएं। ए.एम.डी. समस्याओं का पता लगाने और उन्हें हल करने और आपको समाधान देने में आपकी मदद करने वाला सबसे अच्छा आपका दोस्त नेत्र चिकित्सक है।

एन.एस.पी.बी. (NSPB) एक गैर लाभकारी संस्था है जिसका उद्देश्य "Sight for all" प्रदान हो। अपनी ए.एम.डी. या दृष्टि समस्याओं के लिए बेझिझक पूर्ण प्रश्न पूछें या हमें मेल करें। हमारी नेत्र चिकित्सक की टीम आपकी सहायता करने के लिए तत्पर है। "Gift of Sight" मानवजाति के लिए सबसे बड़ा महत्वपूर्ण उपहार है।

# WHAT CAN I DO TO PREVENT AGE RELATED MACULAR DEGENERATION AMD?



Maintain a Healthy Body Mass Index



Eat Nuts



Exercise Regularly



No Smoking



Eat Plenty of fresh green leafy vegetables



Limit fat and carbohydrates



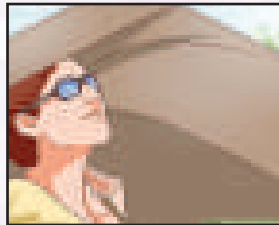
Eat a nutritious diet containing beta carotene and carotenoids rich foods like carrot etc.



Eat Omega 3 Oils and fish that contain these oils



Cut on sugar and control diabetes if you have it



Avoid direct exposure to UV rays. Use good pair of sunglasses.



Ask your Ophthalmologist if taking AMD supplements will do you good



Keep you Blood Pressure and Cholesterol under control.

Most importantly Visit your Ophthalmologist for regular check ups after you are 50. He is your best friend to detect it early and help you address the AMD problems and give you a solution.

NSPB is a not for profit organisation that has the "*Sight for all*" as its philosophy. Do mail us at [sightforall@gmail.com](mailto:sightforall@gmail.com), [sightforall@nspb.in](mailto:sightforall@nspb.in) and feel free to ask any question that you have for your AMD or vision problems. Our team of Ophthalmologists will be glad to answer them. After all the "*Gift of Sight*" is the greatest gift that humankind can give.



## The National Society for the Prevention of Blindness

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